

EQUIP ENLIGHTEN EMPOWER

A Learning Space for Persons with Different Abilities

To be a heartfelt centre of holistic learning that heals, enlivens, equips and empowers differently-abled individuals and their families to realize aspirations and potential.



HIGHLIGHTS:

- **Life Literacy and Numeracy:**
Travel planning
- **Skill Development: Simple to Complex activities**
- **Gandhi Jayanthi & Star of multimedia**

- **AIMS Multimedia**
- **Student Corner**
- **Teacher's corner**
- **Co-curricular activities at Sath Sadhana**
- **Learning corner**

Dear Students and Parents,

As time passes by, the pandemic situation is still gripping all of us by our necks. But, slowly and steadily we have emerged as stronger, resilient and sensitive. This applies to our students too. The transformation from physical classes to virtual learning has been sometimes nerve wracking for them but on the whole an experience to remember for them and us!

With the beginning of the lockdown and several restrictions put across the state, education seemed impossible and came to an abrupt stop. We had to shift our mind set and re-create `a brand new plan to suit these circumstances. It goes without saying, the always essential parents of our students became even more important for the development of our young minds during such testing times.

The best part is, our students started exploring like never before, learning like never before and proved us all wrong by emerging stronger than ever. The highlight of October is one of our AIMS Multi-media students, Ajay Abishek's wonderful design got selected for a shoe designing project by Kobsook. A feat to applaud!

The students of Sath Sadhana exhibited their talents through the celebration of Gandhi Jayanthi at home. The students are exploring travel experiences virtually, learning distance through personalized maps and preparing for any type of travel through very interesting worksheets

The Skill development students are moving from simple to more complex steps. They are learning to remember, to apply and to analyse their work.

Three cheers to all our students and their efforts!

Happy to connect with you through the Sath Sadhana Newsletter

Chettinad-Sath Sadhana Team

AN OCTOBER TO MULLOVER

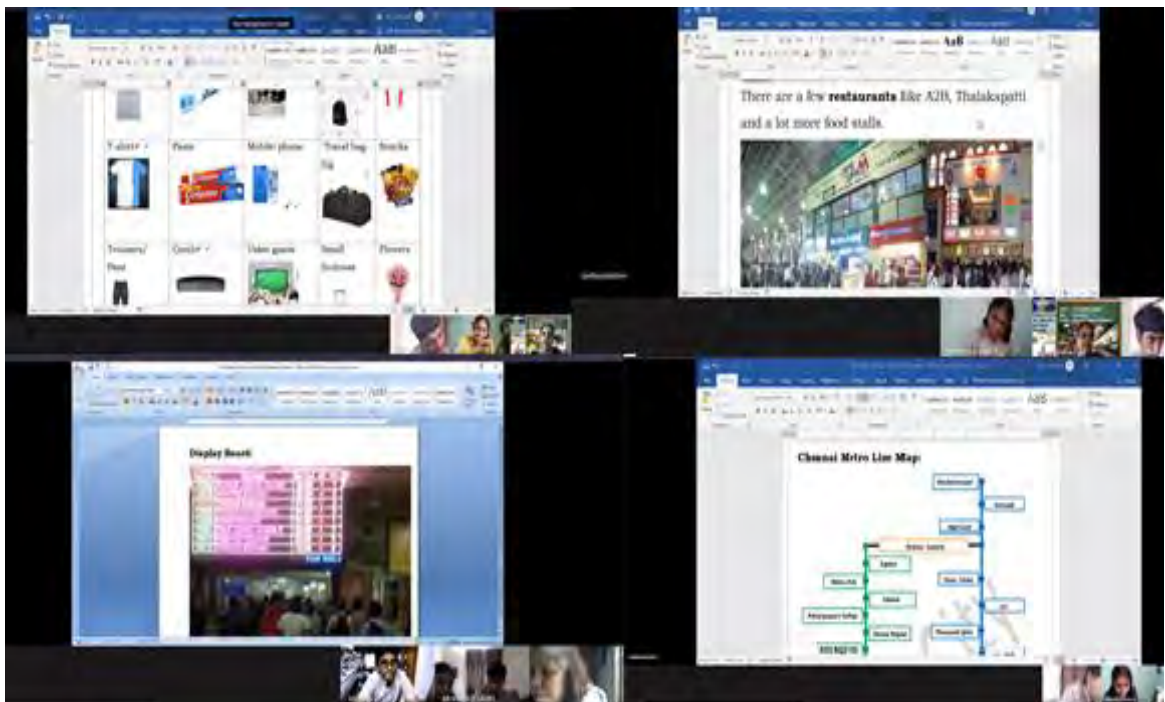
In Life Literacy and Life Numeracy..

The Transportation theme has taken us to many places all over the world. It took us to our friend's place, a family re-union, some unplanned outings and a trip to Mysore as a finale! And..guess what? We did all of this online!

The students learnt to pack items for trips based on the number of days of travel, they learnt to read and locate information on display boards in railway stations, chose their favourite destination to pack food on their way!

Map reading is an important skill that they worked on this month which helped them identify symbols and colours used to feature rivers, roads, mountains etc. The Chennai map helped them visualize familiar place in and around their own city. It helped them estimate distance and time taken to reach some of the locations on the map.

A very important part of our life is travelling, and, travelling means lot of planning. The students of Sath Sadhana got a taste of Transport and travelling to a different places in the month of October.

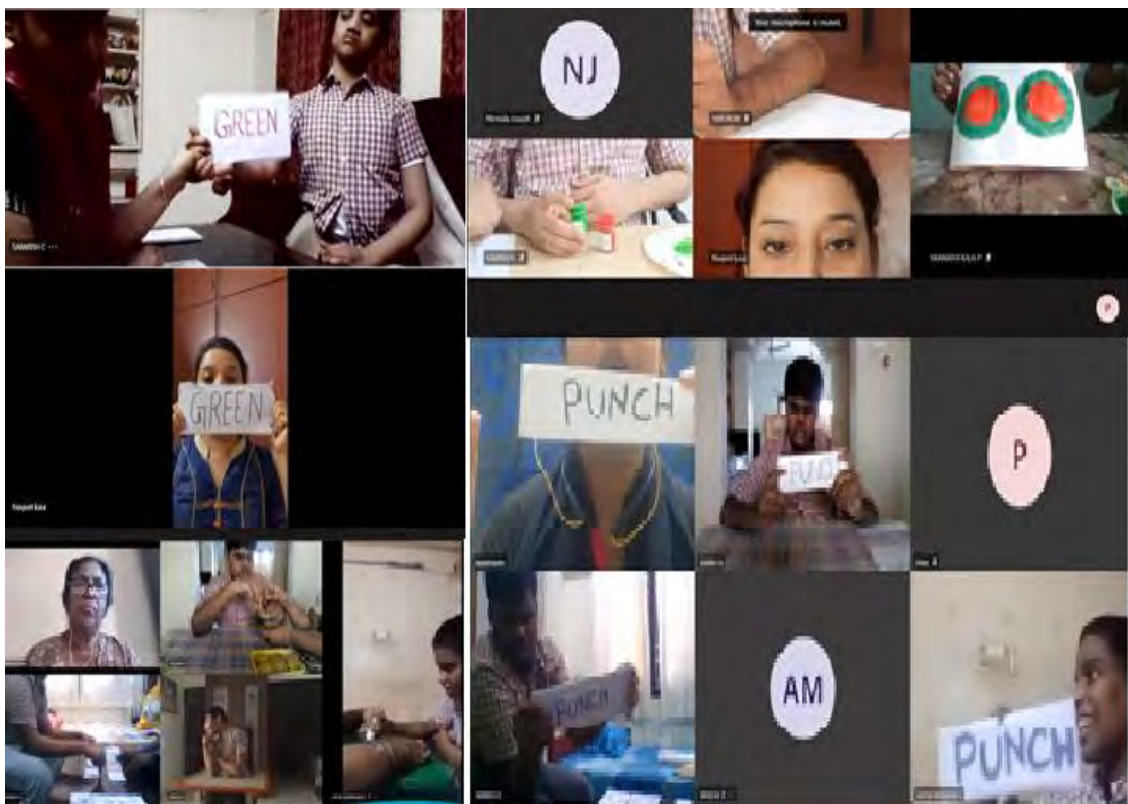


IN SKILLS

Skill development at Sath Sadhana promotes the project method of learning for students. The project method of learning does not depend on any specific type of practice or program or framework but gives the facilitator flexibility to produce progressive and effective learning. This method consists of specific planning tools, simulations, cooperative learning and a multi-level graded system.

The focus is always on the various skills developed and not on the product!

The main aim of the pre-skill development during online classes is to work on Remembering, Understanding and Applying. These three skills will be worked in various forms again and again till the student becomes independent and efficient!



Highlight

GANDHI JAYANTHI AT HOME!

“Be the change you wish to see in the world.” A famous message by Mahatama Gandhi.

The students of Sath Sadhana remembered Gandhi ji on the joyous occasion of Gandhi Jayanthi. The students exhibited in a variety of ways like art work, creative T-Shirt designs, weaving designs dedicated to Gandhi ji.

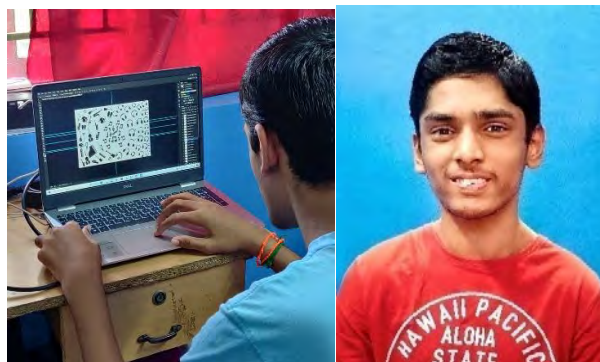


THE SHINING START OF AIMS MULTI-MEDIA

Ajay Abishek, a student of the Advance level program of AIMS Multimedia has been selected for a shoe designing project by Kobsook. One of his designs have been selected and will be branded on their shoes across India. Indeed, a commendable effort by one of our own!

Sath Sadhana is proud to share this fantastic news on behalf of AIMS Multi-media program as part of Multimedia exposure for students.

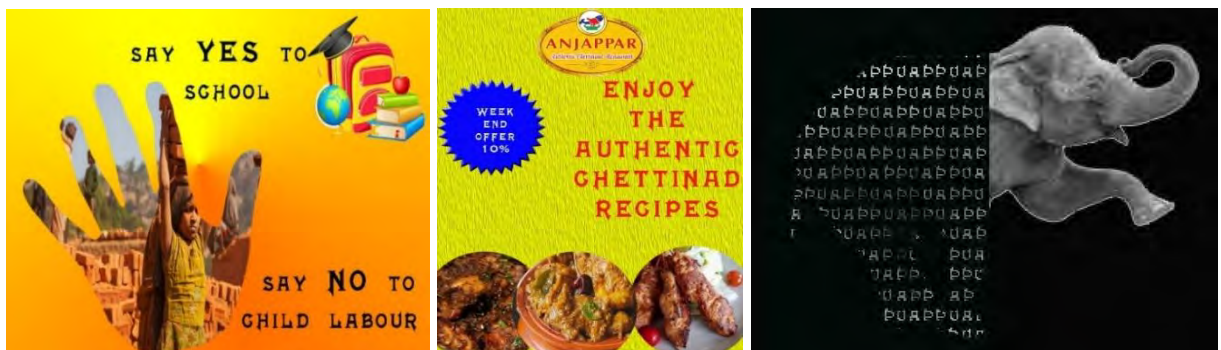
We feel that this is a merely the beginning of baby steps towards independence and self-employment for students with differently abled! Many younger talented graphic designers are in the making at Sath Sadhana!



AIMS MULTIMEDIA

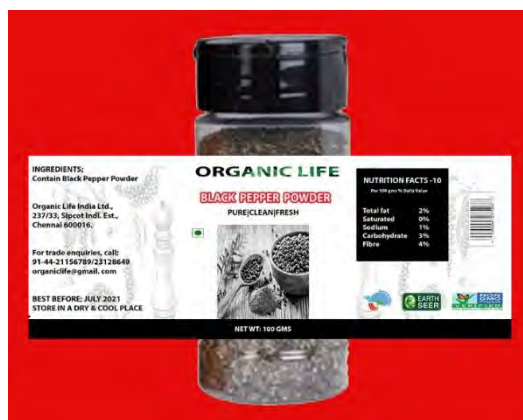
Multimedia level 1 (LBAEMP):The students successfully completed one trimester learning Photoshop. The Trimester-4 Assessment was conducted on 16th October 2020. As part of the assessment, the students created a poster on the topic “Stop Child Labour”, a banner for a restaurant of their choice and a design using “Typography”.

Below is the design created by Multimedia Level 1 students:



Multimedia level 2 (PBAEMP): The Multimedia level 2 students successfully completed their Assignment on the Topic – **Printing and Packing: Design packing for food items.** Currently they are learning to design labels for medicine, beauty products, cosmetics and garments.

Below are few of the works of Multimedia Level 2 students:





DANCE

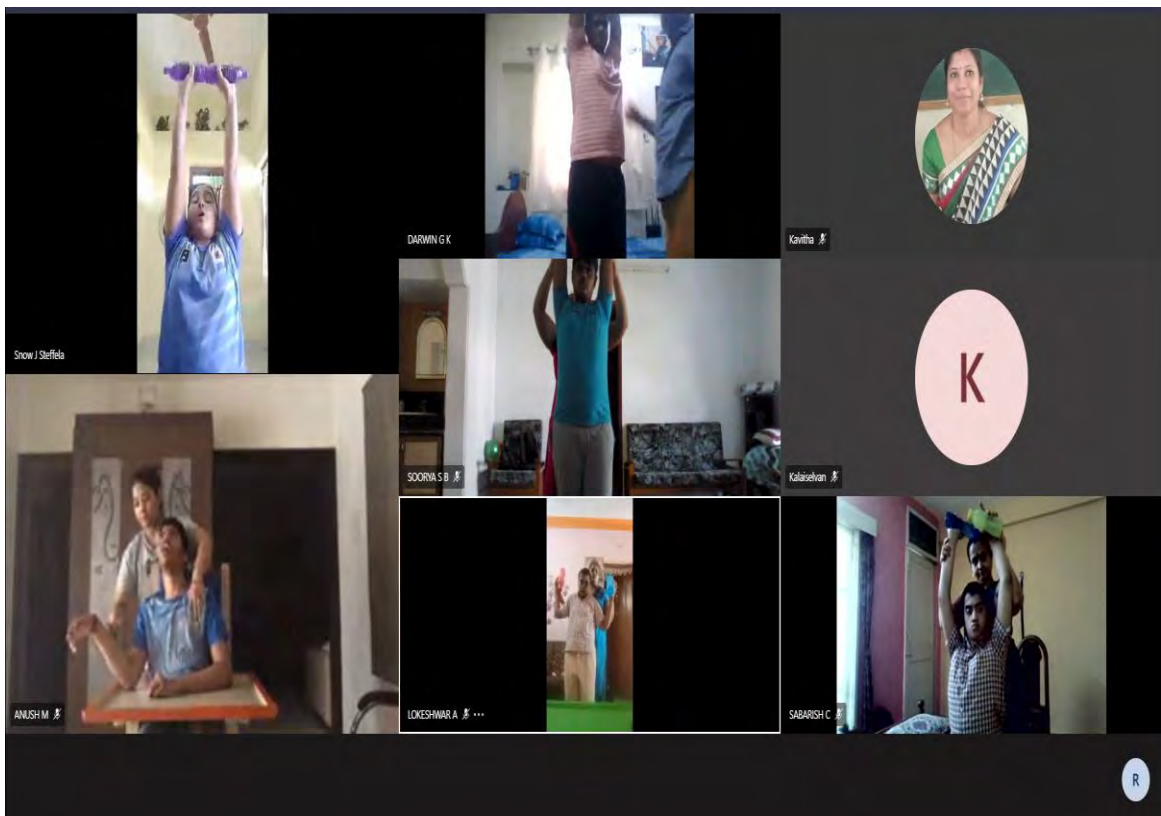
Learning is never complete without recreation. Combination of movements improves the student's memory, order and sequential skills too. It also helps in improving the self esteem of a student!





PE AND YOGA

Participation in physical activities is very important for the holistic development of young people to promote their physical, social and emotional health! At Sath Sadhana, we plan a combination of movements comprising of warming up with simple OT movements, yoga and physical exercises.






YOUR TEACHERS

I have been working as an O.T Assistance for the past 7 years at Chettinad Shrihari Vikasam. Now I work with a team of physical educators to work on the physical fitness of all our students. I believe that co-curricular activities are essential to improve the quality of a child's life and also to improve their ability to perform day to day activities. I love and enjoy working with students at Chettinad-Sat Sadhana.

- *Kavitha*

I have been working with Chettinad-Sath Sadhana for the past one year. It has been a great learning experience for me. During these challenging times, I feel the students have adjusted and coped up very well. As a physical fitness trainer, the virtual class has been an altogether new experience. My colleagues and the management have been very supportive and understanding during these times. I am waiting to meet the students physically and work with them.

- *Kalaiselvan*



STUDENT'S CORNER



அம்மாவும், கபிலனும் தோட்டத்தில் செடிக்கு தண்ணீர் ஊற்றினர்.

கபிலன் : செடிக்கு ஏன் அம்மா தண்ணீர் ஊத்தனும் ?

அம்மா : உயிருள்ள அனைத்திற்கும் தண்ணீர் தேவைப்பா .செடியும் வேர் மூலமா தண்ணீரை உறிஞ்சும்.

நம்மை போலவே செடிகளும் கண்ணுக்கு தெரியாத துளைகள் மூலம் சுவாசிக்கும்.

பூ, காய்கனி தரும் செடி, மரங்களுக்கும் உயிர் உள்ளது கபிலா.

I have created this page and typed the text in Tamil font, for a one page story on Environmental Science using photoshop. I am happy to be productive and help of others, it makes me feel positive. I am very grateful to Sath Sadhana for initiating the Multimedia course which has helped develop my multimedia skills. Thank you Team!

T. Pragadeesh

LEARNING CORNER

SOCIAL ACCEPTANCE- A BEGINNING

Social Acceptance is only a beginning and not the end of the tunnel in the case of people with disability (PwD).

“There is always much more to be done while addressing the cause of disability. While India is doing its part to solve the issue with various policies and programmes, I think the focus should be more on community-based rehabilitation programmes. “ , said Louis-Georges Arsenault, representative of UNICEF India.

The problem does not lie on availability of proper infrastructure but the way one thinks and deals with PwD is the key transformation yet to happen in India. No disabled person feels happy to be excluded from the society just so they learn or have different abilities compared to the majority typical people.

Sath Sadhana understands the need of the hour and believes that it is crucial to model a future society for our adolescent and young adults where all types of people including disabled will work together seamlessly to produce best results.

Thus Social acceptance begins at home, at school, in the community and also part of the responsibility lies in the disabled students to accept and understand themselves. With this emerges the importance of educating and empowering our students is the only way to go..



PROGRESSIVE EDUCATION-THE WAY FORWARD

Providing real life experiences that are relevant to the student's life is proven most effective with our students. Effective education includes recognizing each student's unique characteristics and applying their ability in the day to day classes. We also believe that it imperative that our students learn to engage socially and understand the community they live in which will eventually enable their participation in a collaborative effort to become contributory members of the society.

Learning should always be student centred, good learning experiences will make the student confident self starter.

Learning should always be active, effective learning plans that allow the student to explore and discover the world through a variety of materials will eventually make the student a critical thinker and problem solver

Learning should be 360°, The methods applied should engage the student socially, emotionally, physically and cognitively. This will help the student to become open, curious to learn more and most importantly they learn to enjoy the work they do.

Finally, Learning should have a purpose to the student. The students gradually learn to master the skill of remembering what they learn, understand and applying it everyday and start analyzing their work. This will make the student a well rounded individual with capacity to become a well informed citizen.

Sath Sadhana believes in Progressive education, where, students learn the best from life based activities and experiences with other people the most!



It is a pleasure to summarize our events for the month!

As always, we will catch up with you soon with many more interesting developments and programs.

Till then, stay safe and stay positive!

Cheers and All the best!

Chettinad-Sath Sadhana Team



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Chettinad – Sath Sadhana

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