



Dear Students and Parents,

The month of October started with Dussehra Celebration followed by Pooja Holidays. Students came back with renewed energy and were thrilled to get back to their routine and day-to-day activities.

In Academics, the students started the new term with creative PowerPoint presentations to portray how they celebrated the festival and the food prepared. The younger group is working towards exploring their likes, dislikes and knowing the importance of festivals.

In Skills, the students have slowly but steadily settled into the rhythm of the advanced level activities. They are very eager to participate in the skill activities as well as sight words reading. Slowly they are learning to be as independent as possible.

Three cheers to all our students and their efforts!

Happy to connect with you through the Sath Sadhana Newsletter

Chettinad-Sath Sadhana Team

## **EQUIP ENLIGHTEN EMPOWER**


### ***A Learning Space for Persons with Different Abilities***

*To be a heartfelt centre of holistic learning that heals, enlivens, equips and empowers differently-abled individuals and their families to realize aspirations and potential.*





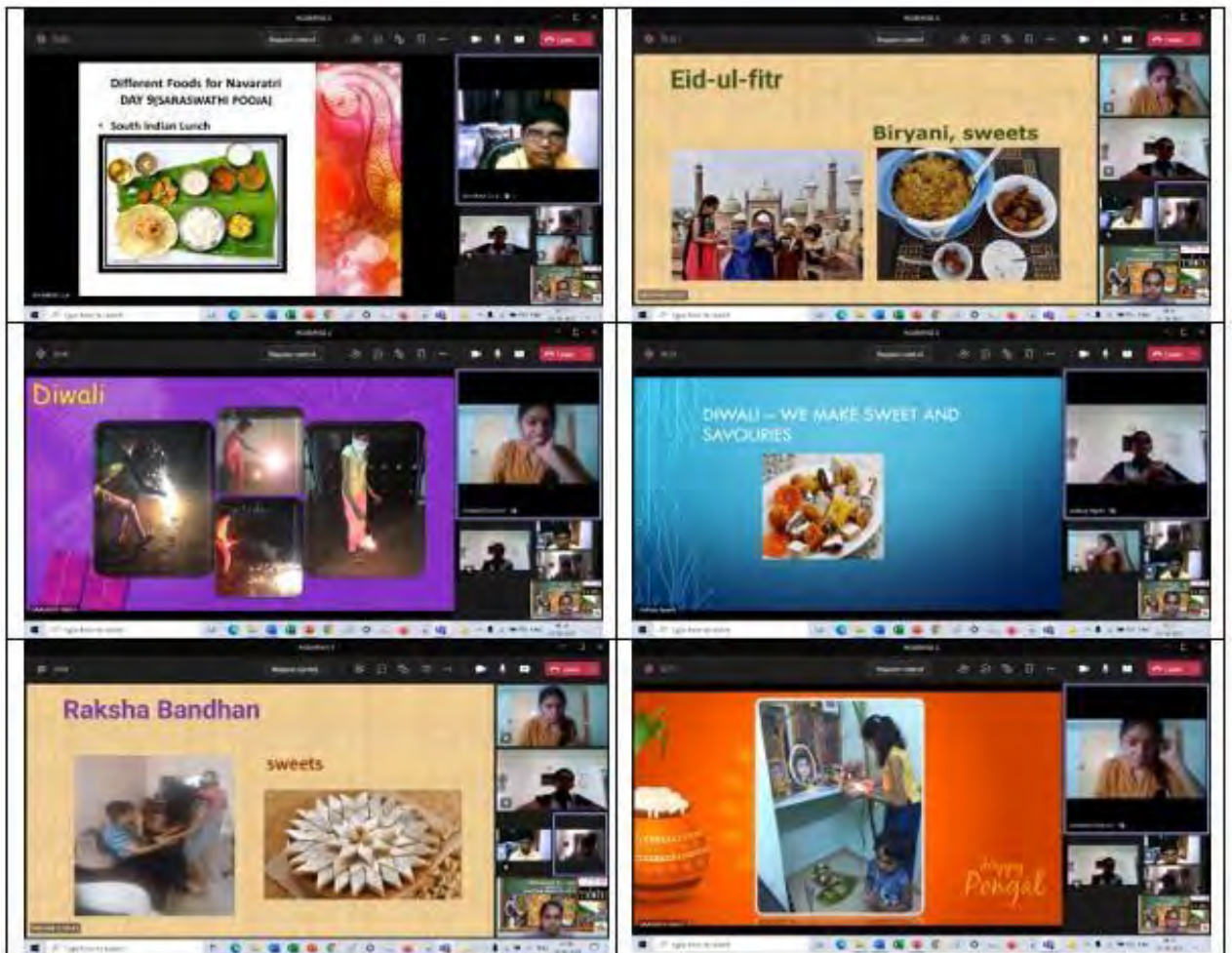
## HIGHLIGHTS:

- Life Literacy and Numeracy
  - Skill Development
  - Blended Learning
  - Motor Development
  - Aerobics
  - AIMS Multimedia
  - Virtual Dussehra Celebration
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# LIFE LITERACY AND LIFE NUMERACY

As a part of Academic learning, the students learn the different aspects of Food like origin, types, different dishes. They also learnt how some homemade food items can bring back good memories from one's childhood. During their Term 1 break, the students were encouraged to share their Dussehra celebrations at home. Students made creative PowerPoint presentations to portray how they celebrated festivals along with the food that was made during the celebration.

They enjoyed the activity immensely and presented it to their class with enthusiasm. Indirectly, through this process, some special memories with regard to festivals and food were created. This taught them the importance of how our culture and food go hand in hand to eventually evoke joy and happiness.



## SWEET MAKING IN CLASS

We would not celebrate Diwali without having sweet delicacies. Many families celebrate Diwali by preparing sweets prior to the festival. It is always an exciting and cherishable experience to relish the sweets prepared at home.

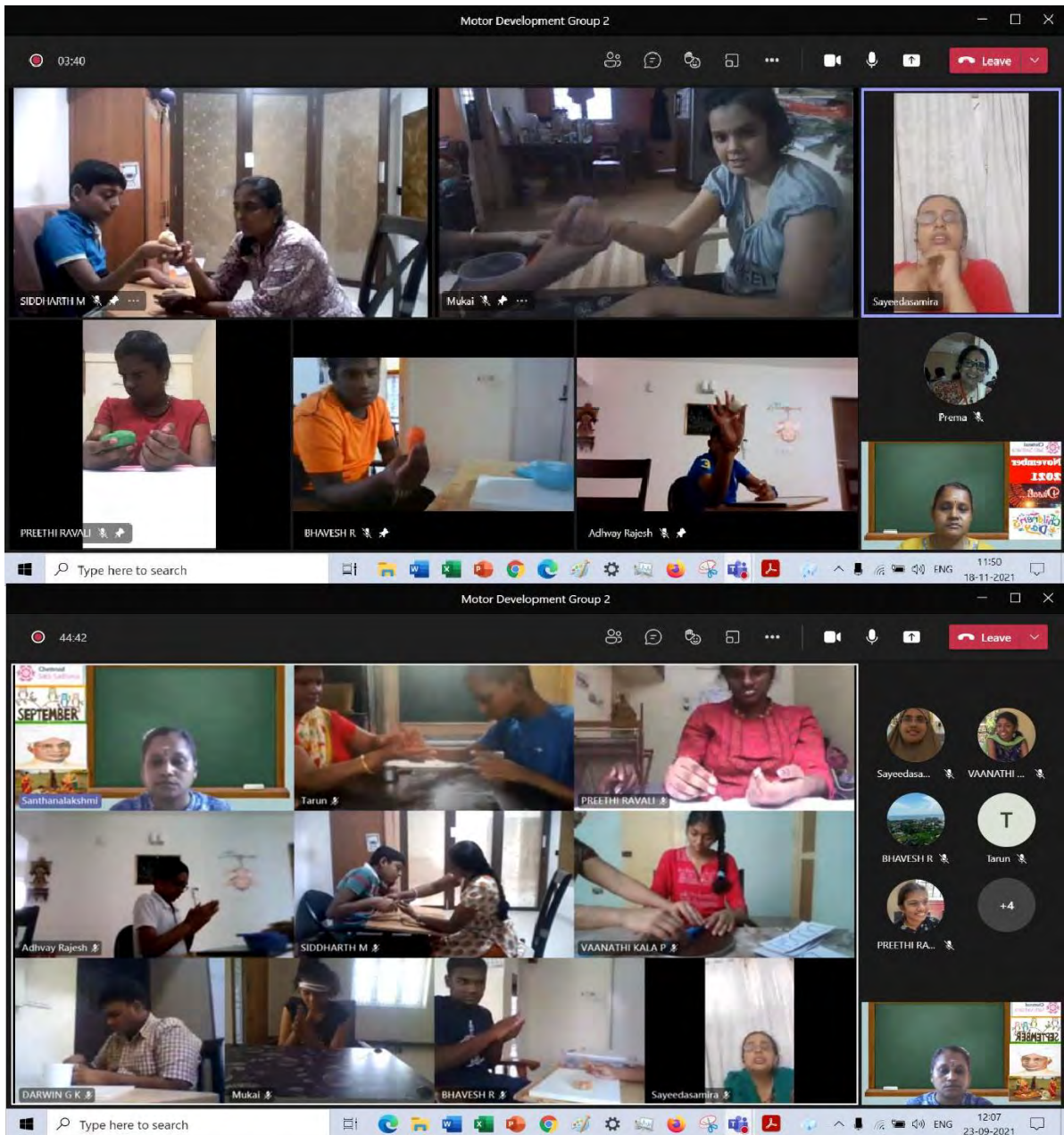
A student from the younger group made a delicious sweet in class as a part of Diwali celebration.





# SKILL DEVELOPMENT

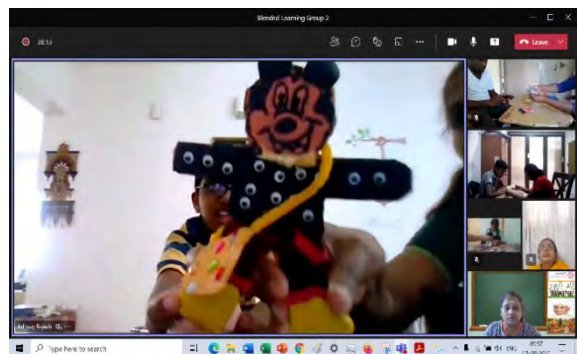
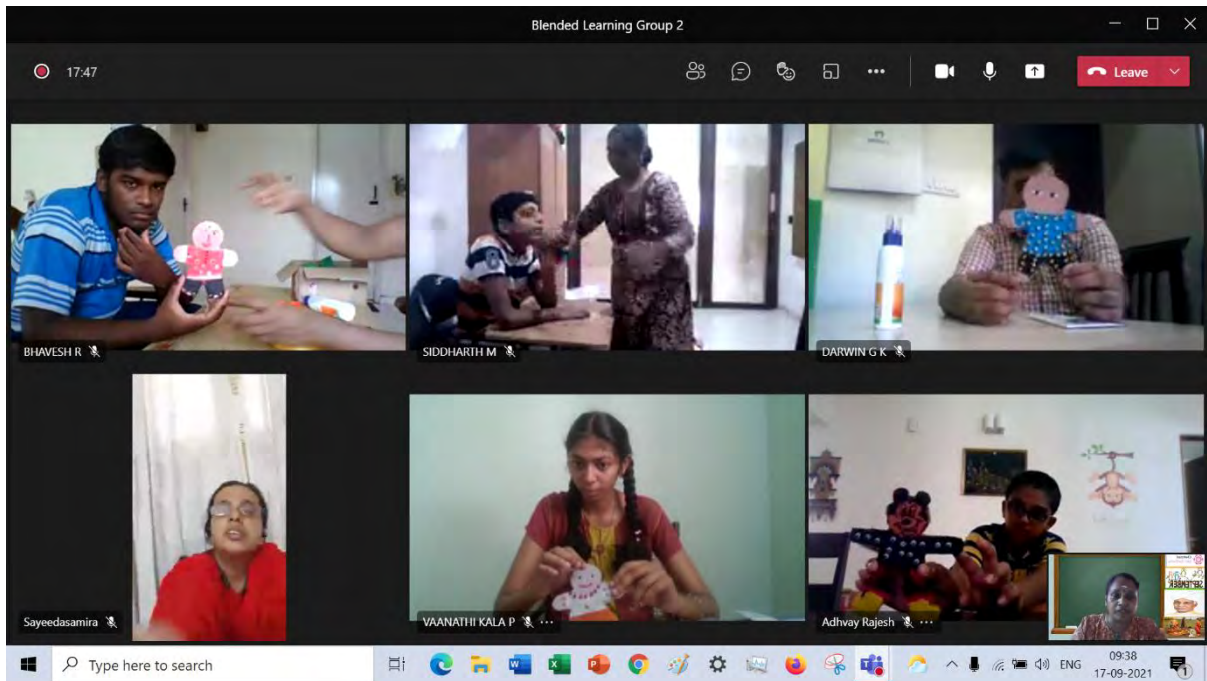
Skill training is not only training the students to learn new skills but to also enjoy the process and take ownership for the choices they make as they learn. The students are encouraged to choose a colour and make marble beads in the class which improves their fine and gross motor skills.





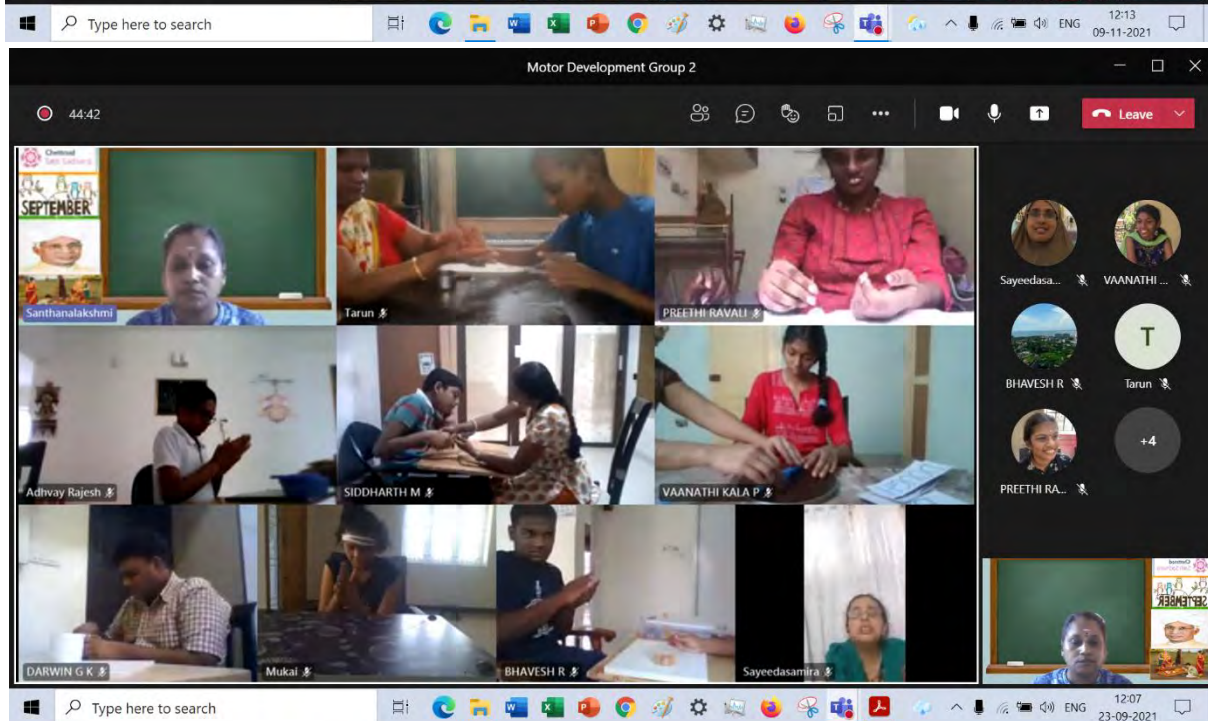
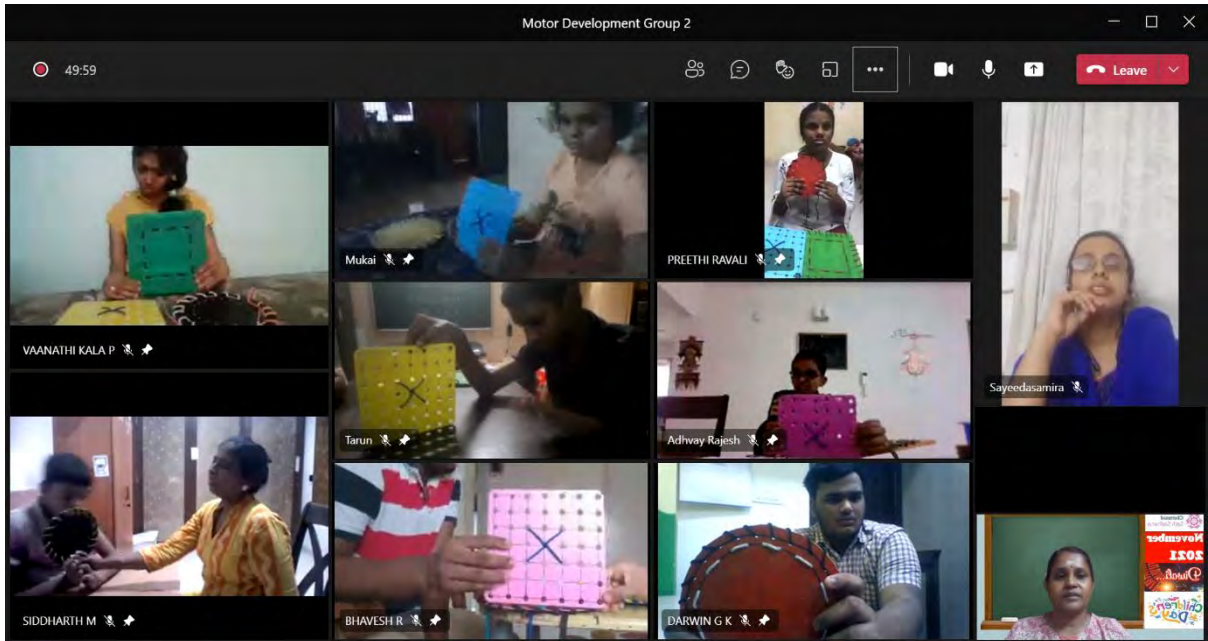
# BLENDED LEARNING

The blended learning sessions help the students to invoke their creative minds. For every concept, the students are encouraged to browse through the internet and choose the idea which they like the most. This not only helps them to develop their digital skills but also their confidence.



# MOTOR DEVELOPMENT

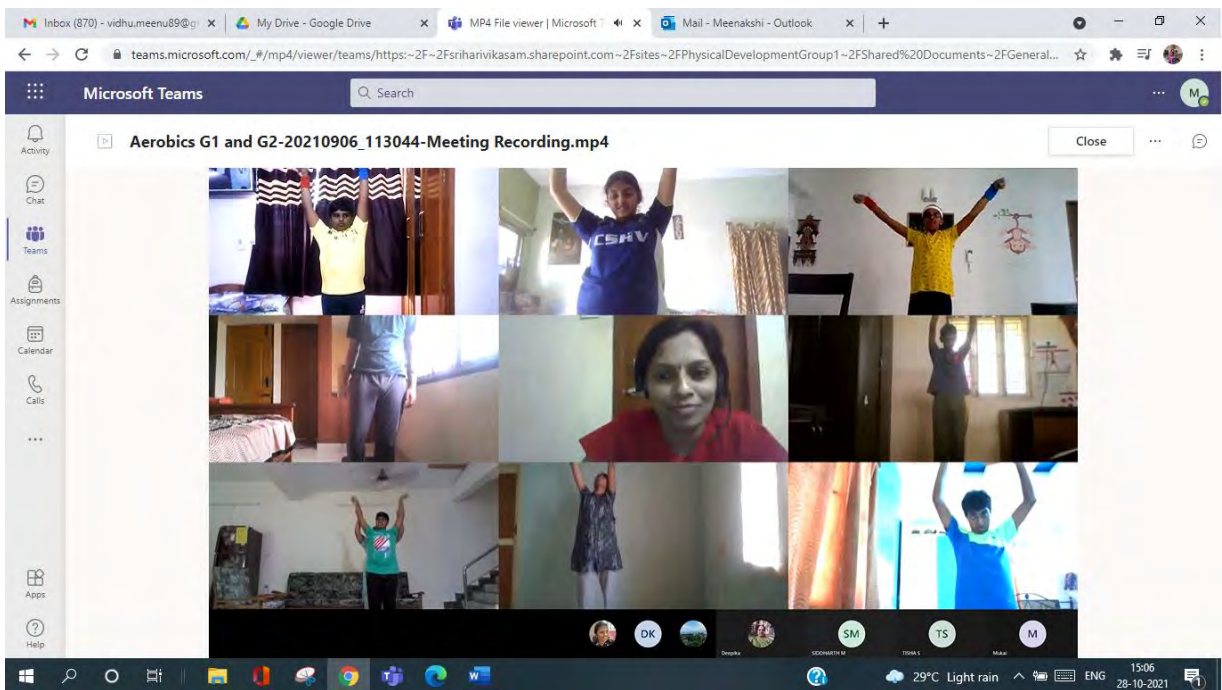
As part of Motor Development activities, students are exposed to fine motor skills through lacing activities like hemming, tacking and cross-stitch and gross motor activities like rolling the dough into ropes and balls. This way the students get an overall motor development.



# AEROBICS

Students are now familiar with the set of exercises they perform by regular practice. Now they have moved to the next level by taking up leadership responsibilities. During the session, the students are taking turns to do a demonstration of exercises for their peers without the help of the facilitator.

Through peer learning they develop skills in organizing and planning, working collaboratively with others, giving and receiving feedback and evaluating their own learning.





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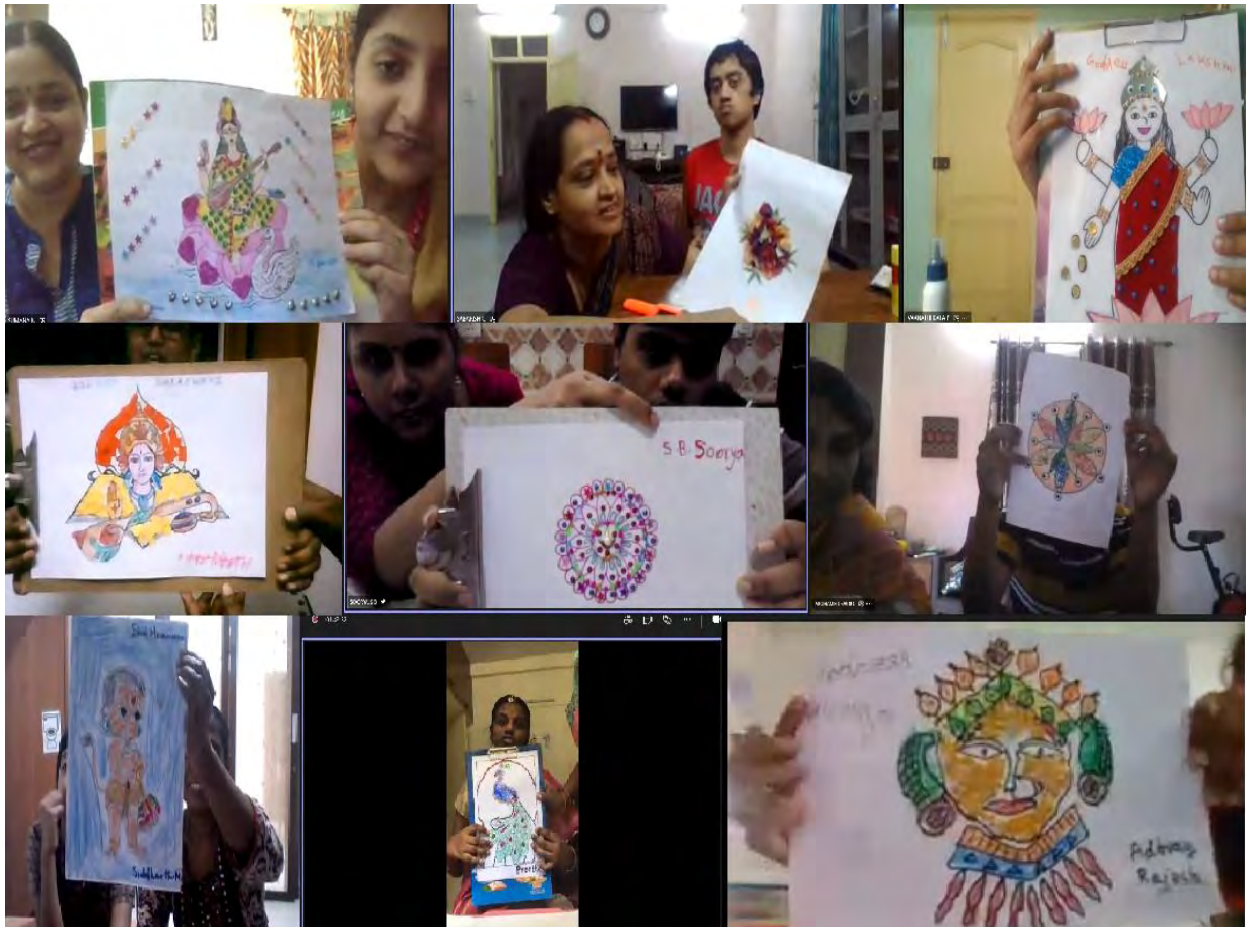



## VIRTUAL DUSSEHRA CELEBRATION

Dussehra festival is celebrated all over India. Festivals give us a chance to talk about the importance of our rich and ancient Indian culture and heritage filled with traditions and values to our students. At Sath Sadhana, our motto is to facilitate our students to be happy, caring and independent individuals.

Dussehra at Sath Sadhana was celebrated virtually. As part of the program, the parents gave live singing performances and many of them took this occasion to talk about their childhood experiences and memories of Dussehra. The students decorated their favourite deity/animal/character in relation to the Dussehra festival during the program.

It was indeed an enriching experience and a great way to begin the Dussehra holidays at Sath Sadhana.





It is a pleasure to summarize our events for the month!

As always, we will catch up with you soon with many more interesting developments and programs soon.

Till then stay safe and stay positive!

Cheers and All the best!

***Chettinad-Sath Sadhana Team***



**Chettinad**  
Sath Sadhana

**Chettinad - Sath Sadhana**

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