



Dear Students and Parents,

We have come to the end of 2021. Online classes seem to be the new normal. Our students have accepted it and are showing great interest in learning, practicing the skill activities regularly, enjoying the fun-filled events conducted, and most importantly, interacting with their peers and teachers.

In Academics, the students as a part of the topic “Travel and Transport”, listened to conversations that may take place at an airport. This is followed by mock conversations/roleplay. Students showed interest and actively participated in the mock conversations. They waited patiently for their turn and also keenly listened when it was another student’s turn.

The Skill development students have become more organized and started doing quality check for items they are making.

The highlight for this month is the Christmas day celebrations. Students enjoyed the show by ventriloquist Mr. Santhosh, followed by an art and craft activity. It was a great takeaway before the holidays!

Three cheers to all our students and their efforts!

Happy to connect with you through the Sath Sadhana Newsletter

Chettinad-Sath Sadhana Team

## **EQUIP ENLIGHTEN EMPOWER**


### ***A Learning Space for Persons with Different Abilities***

*To be a heartfelt centre of holistic learning that heals, enlivens, equips and empowers differently-abled individuals and their families to realize aspirations and potential.*





## HIGHLIGHTS:

- Life Literacy and Numeracy
  - Skill Development
  - Blended Learning
  - Motor Development
  - Aerobics
  - Virtual Christmas Celebration
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# LIFE LITERACY AND LIFE NUMERACY

## Circle of Trust:

The “Circle of Trust” was introduced to young adults at the beginning of the year. This project helps the students to understand the difference between their relationships with different people, the importance of various relationships, and how to behave and converse with people in their community. Each circle is colour-coded along with a specific name like “Hug circle”, “Hi-Five circle”, “Handshake circle”, “Hello circle”, etc. Students write down or paste pictures of the people they know in each circle. This helps them to relate with the person they meet with, to one of the circles of trust and behave appropriately.

So far students have explored Personal Circle, Family Circle, Friends/Extended Family circle, Buddy circle, and Acquaintance circle. The students were encouraged to prepare their personalized "Circle of Trust" chart. They also showed it during an online session and spoke about it to their classmates.



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# LIFE LITERACY AND LIFE NUMERACY

## At the Airport - Mock Conversation:

As part of the topic “Travel and Transport”, the students listened to conversations between the booking agent and the passenger for booking flight ticket - between the taxi driver and the passenger, between the person at the check-in counter and the passenger. This was followed by mock conversations/roleplay. Students showed interest and actively participated in the mock conversations. One of the students went a notch ahead and even booked a return flight ticket too, which made it even more interesting for the students. They also learned to wait patiently for their turn and listen to the ongoing conversation when it was not their turn.

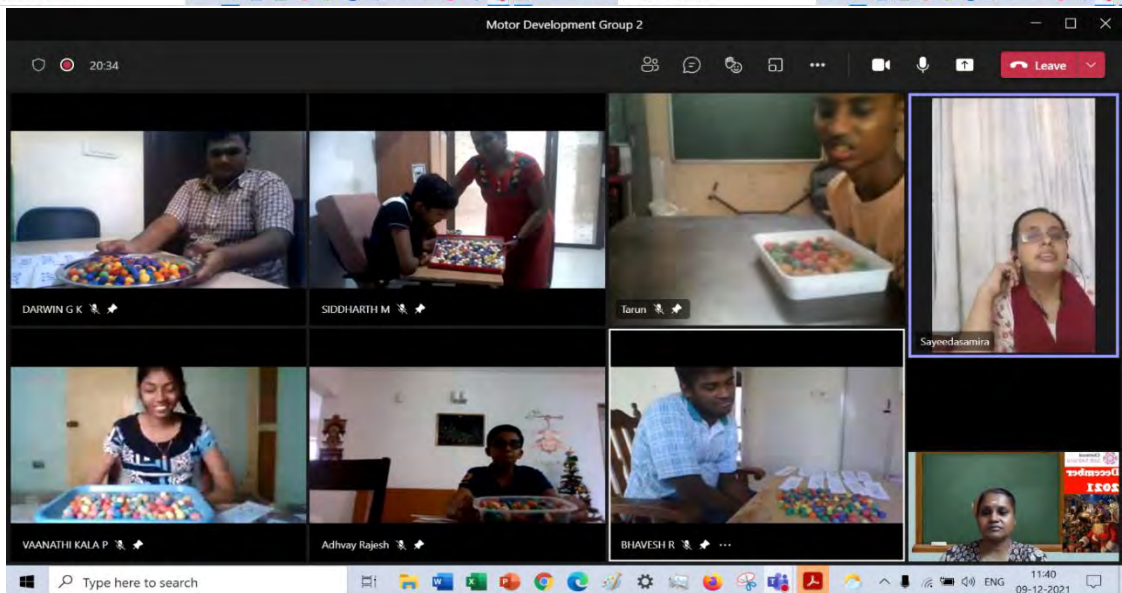
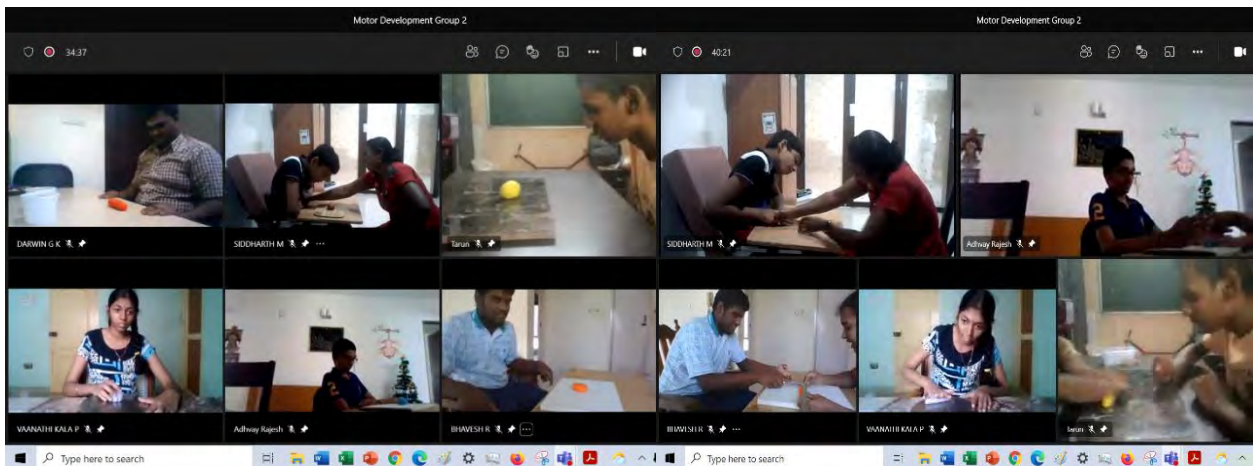




# SKILL DEVELOPMENT

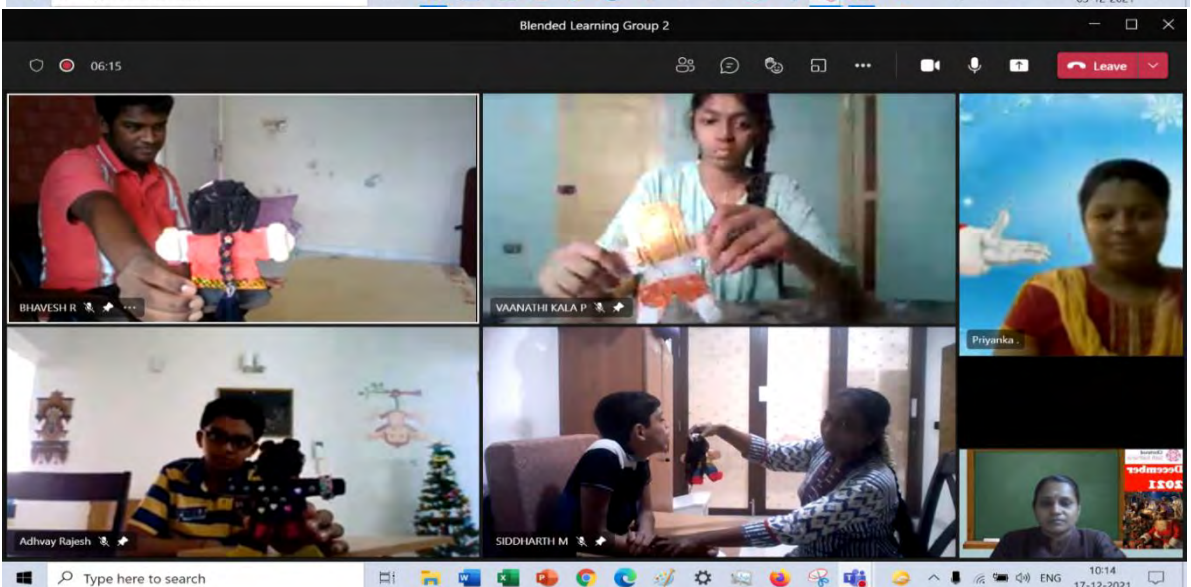
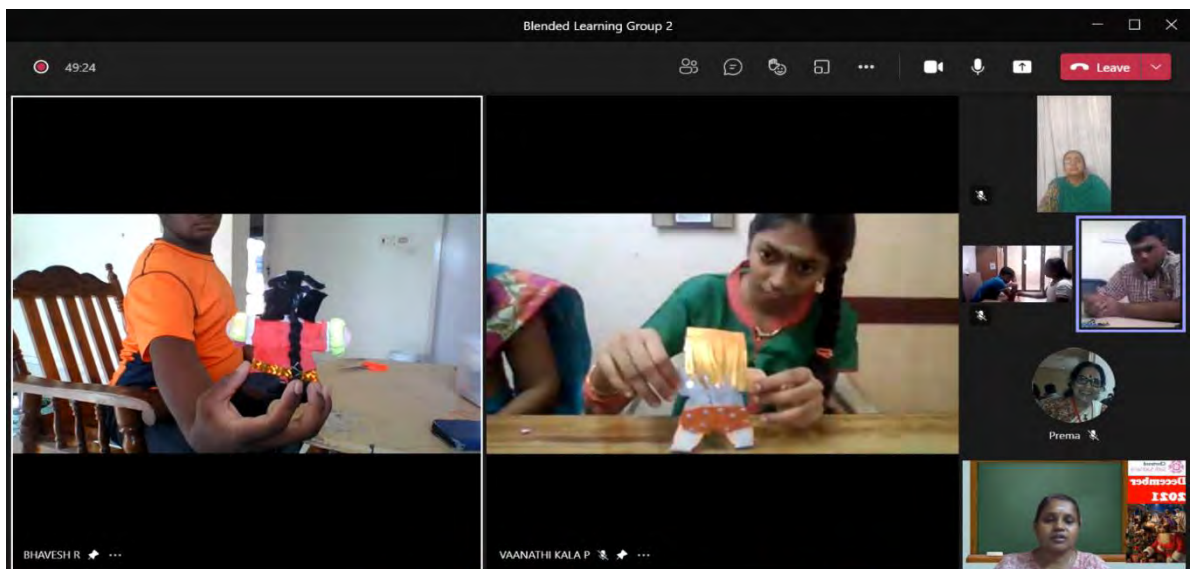
Bead making is a unique way to assist students in developing essential core skills. It improves the students' abilities in increasing the strength and coordination in the hand and finger muscles, which includes both fine and gross motor activities.

Bead making provides a sense of accomplishment in completing a project as it offers freedom to choose the colour they like and helps the students to be more organized.



# BLENDED LEARNING

As part of the blended learning session, students created a character of their choice. Students were encouraged to browse through the internet and look for different dress designs, accessories, hairstyles that were available for men and women. The students were given the freedom to choose the designs they like, including the colour and material with which they want to make them. The students bring the selected materials to the live online class and design their character. This activity not only gives them freedom of choice but also ownership, as it is their own creation.





## MOTOR DEVELOPMENT

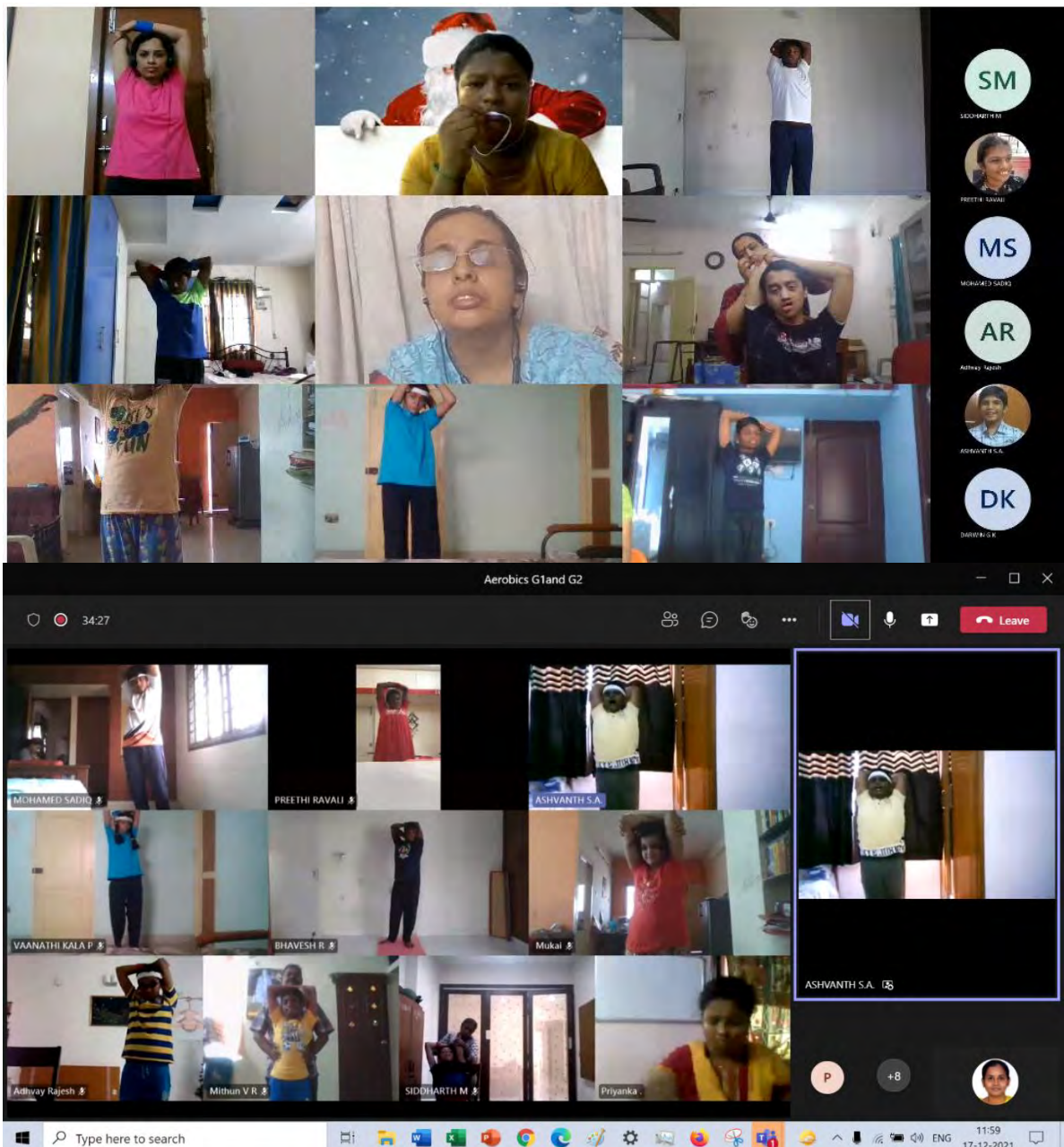
In motor development, students started learning a new technique of lacing – “Star Stitch”. Motor development activities help the students to develop and improve hand-eye coordination while also help in developing their cognitive learning abilities.



# AEROBICS

Colours perform a huge part in the process of thinking, feeling, behaving and acting. Colour coding reduce distraction and increases concentration. Coding the left and right directionality using colours makes it easier for students to discriminate right to the left and vice versa.

Students wear a red band on their right hand and blue on their left. This helps them to follow the demonstration by the facilitator and understand the left and right side of the body easily.





# VIRTUAL CHRISTMAS CELEBRATION!

The virtual Christmas & New year celebration at Chettinad - Sath Sadhana was special this year. We had a ventriloquist session by Mr. Santhosh Kumar. He presented on the topic "The joy of sharing and being happy". The students thoroughly enjoyed the event. Mr. Santhosh Kumar entertained us in a unique way with various puppets. He taught our students on making puppets at home and introduced some basic hand movements using the puppets. He instilled curiosity in the students' mind to learn Ventriloquism.


Post this the students did art and craft work based on Christmas themes, making the virtual screen colorful Christmas tree, Santa, snowman, Reindeer, etc.



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# VIRTUAL CHRISTMAS CELEBRATION!





It is a pleasure to summarize our events for the month!

As always, we will catch up with you soon with many more interesting developments and programs soon.

Till then stay safe and stay positive!

Cheers and All the best!

***Chettinad-Sath Sadhana Team***



**Chettinad**  
Sath Sadhana

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