



Dear Students and Parents,

The month of July looked at warming up through un-interrupted and focussed work throughout. Students have settled down into their daily schedules and routine for online sessions. As the days progress, the students are gradually showing improvement and a positive response to the upgraded set of projects presented to them this year.

In academics, the students are exploring the topic- 'myself' through various concepts like personal circle, personality maps, autobiography, organization of my home etc. Though the main theme remains the same like last year, the skills and the way the concept is approached is entirely different and much more advanced this year.

The younger students are exploring the topic of myself through personal choices, fashion sense, likes and dislikes etc. Here, the main focus is to keep the student engaged and working through the class hour without interruption as they are much younger students who need training in sitting tolerance, focus, engaging with peer, engaging with teacher, meaningful communication etc.

In skills, all the students are working hard towards perfecting their skills and to work as independently as possible. They are preparing themselves to work on much more advanced skills in the coming months.

Three cheers to all our students and their efforts!

Happy to connect with you through the Sath Sadhana Newsletter

Chettinad-Sath Sadhana Team

EQUIP ENLIGHTEN EMPOWER


A Learning Space for Persons with Different Abilities

To be a heartfelt centre of holistic learning that heals, enlivens, equips and empowers differently-abled individuals and their families to realize aspirations and potential.





HIGHLIGHTS:

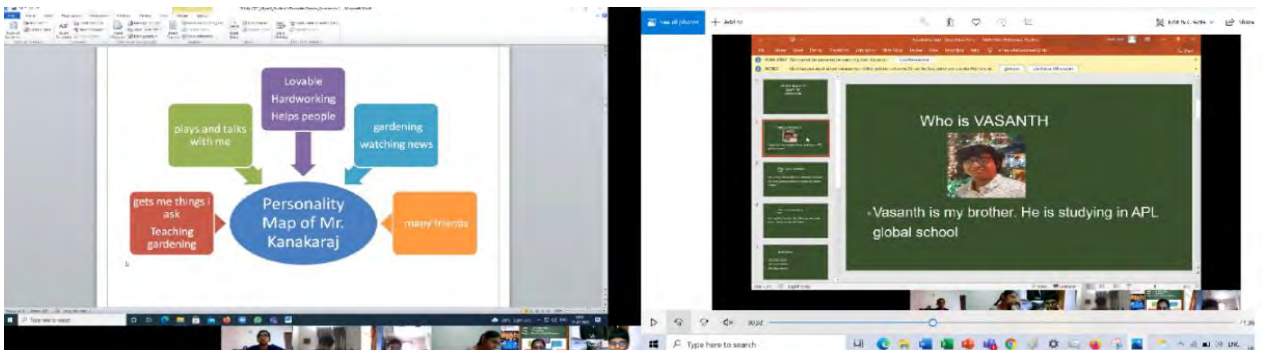
- Life Literacy and Numeracy
 - Skill Development
 - Blended Learning
 - Motor Development
 - Aerobics
 - AIMS Multimedia
 - Learning Corner
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LIFE LITERACY AND LIFE NUMERACY

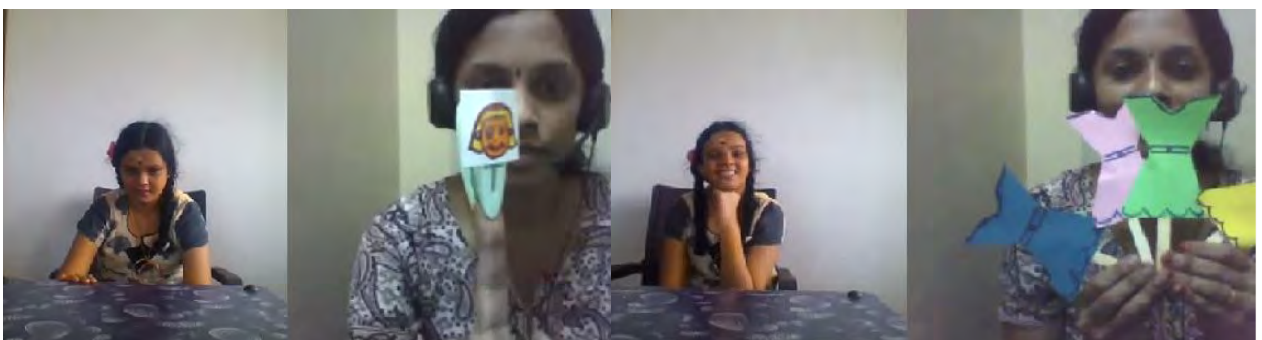
The older students engross deeper into the theme “Myself” by working on biography writing and making personality maps for people.

Sometimes tasks like making a biography or a profile for a personality may be very daunting and heavy for students. At Sath Sadhana, learning to write a biography was introduced to the students by simply breaking down the task into smaller quantities. In other words, they first learnt to create personality maps with simple question cues. Later, they used this background to work on a brief biography.

Students love to explore new things, but sometimes may feel the task at hand overwhelming and could give up easily. We believe that they should be made aware of practical ways to make their day to day work easier and much more interesting!



The younger students explored the concept ‘Myself’ by dwelling on my choices, likes and dislikes, preferences, communicating my choice etc. One of the highlights was a handmade puppet story session. This inspired a lot of excitement and curiosity in the student. It helped in re-enforcing spoken language, exploring emotions, communication etc. It also helped the student remember the sequence of the story much more clearly.



SKILL DEVELOPMENT

In Skills, the student's work will gradually progress towards concrete and specific adaptation-based projects in the future months. They will be progressing towards higher order skill projects Matting and Braiding. Now, the students are doing baseline work which will form a platform to their work in the coming months. The students are challenged with higher order skills like applying and analysing along with base order skills, like remembering and understanding. We always believe that the challenge is not in producing best products but learning as many skills to make the students as independent as possible.



BLENDED LEARNING



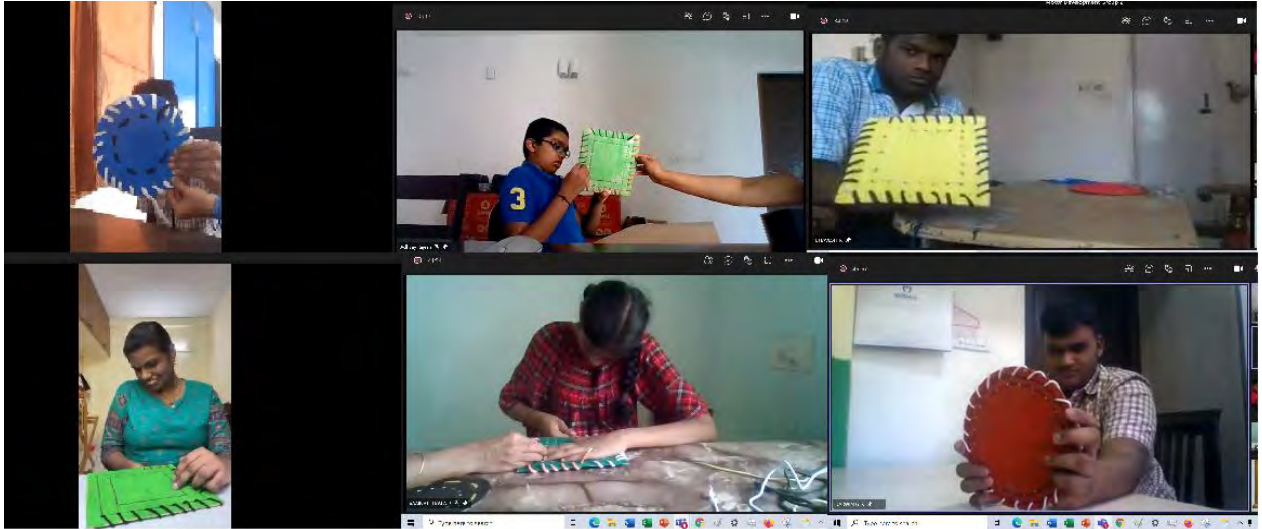
Creating a conducive environment and fostering creativity are the two most important aspects of the learning process in class. This will encourage the students to formulate something new. Creativity is one of the higher order skills, which a student discovers after many years of practice and effort. Creative thinking ability will support in acquiring new knowledge, new approach to things, new perspective to things and support problem solving in life.

This form of learning promotes the use of the right and left side of the brain. The right side of the brain deals with emotions, creativity etc. Thus, both cognitive thinking and creative thinking is awakened in a person through blended learning.

We at Sath Sadhana believe that, by utilizing technology, the learning becomes much more effective, attractive and memorable for the students. This learning model that uses both face to face and online interaction is called as blended learning. Within this, students will learn to find new and creative problem solving, with the help of an endless reference and inspiration that they can access on the internet.

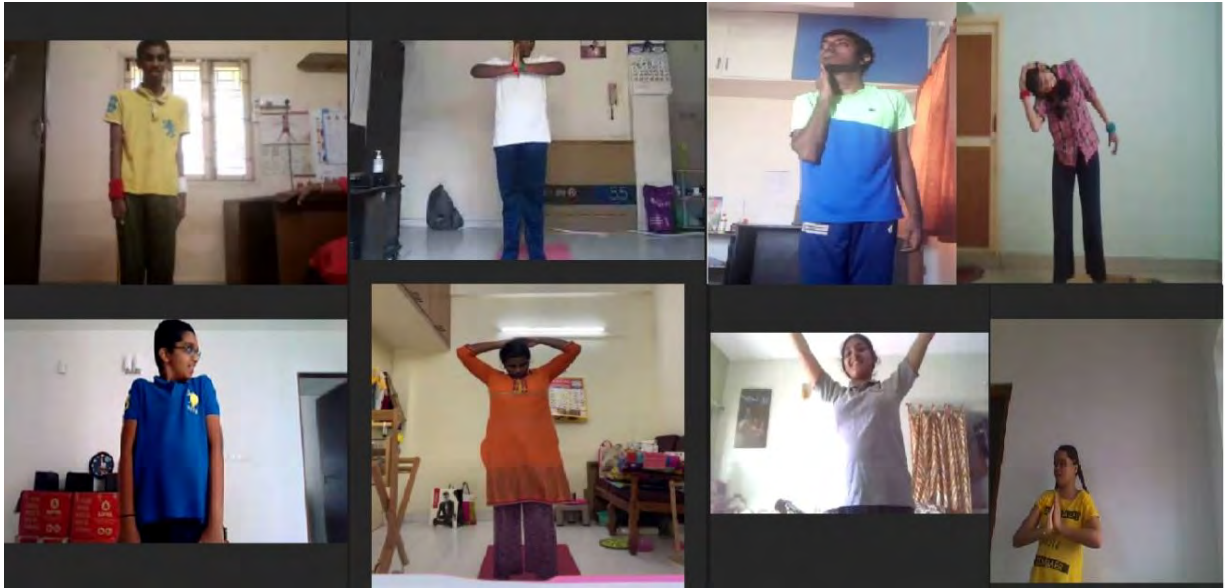


MOTOR DEVELOPMENT



The motor development sessions which involve the technique of lacing using woollen thread, cord, wire etc. The students have gradually learnt to do various forms of lacing in these sessions. As the sessions proceed, the students have become much more efficient at using both sides of their body. The activity has improved their motor movements and concentration power, one job at a time.

AEROBICS



The aerobic sessions have progressed well and the students have settled down in their routine structure of exercises from head to toe and disperse the sessions with some self-motivating statements such as “I CAN DREAM IT”, “I CAN WISH IT” and “I CAN DO IT.”

We always find that the students feel energised, happy and charged after every aerobic session. Positive reinforcement has helped them become much more confident about themselves. We also find that most students perform the exercises as independently as possible.

MULTIMEDIA

Digital designing!

AIMS Multimedia along with Chettinad-Sath Sadhana provide opportunities to students through paid projects. The latest project for the Level 2 students is designing exclusively for laptop bags. The theme given to the students were based on artwork and designs by Madhubani, Piet Mondrian etc. As always, the students came up with very creative and beautiful design models!

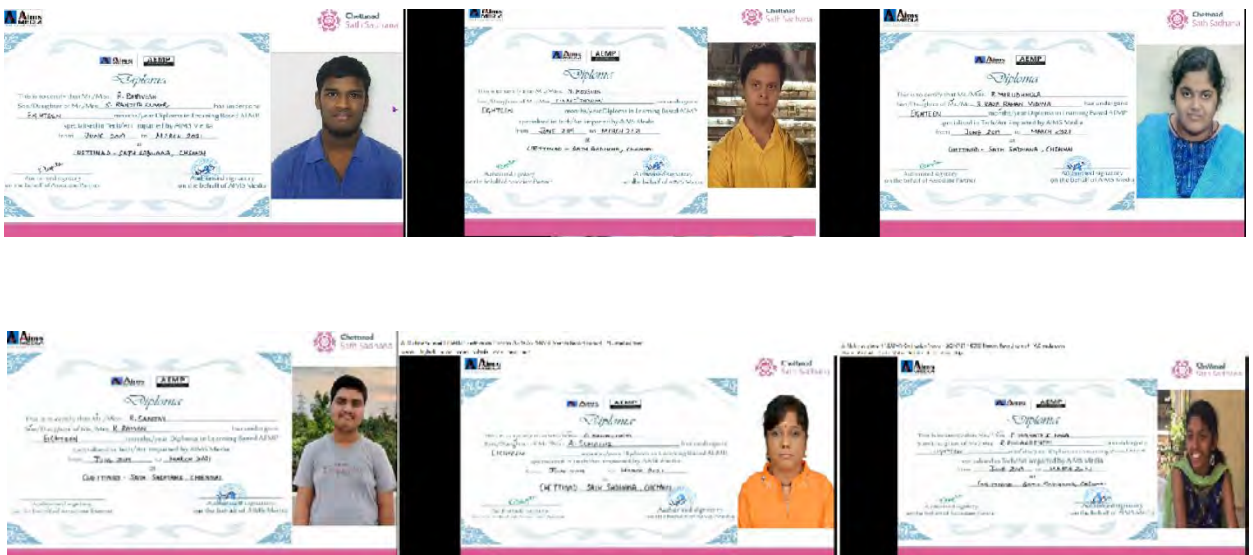


AIMS Multimedia graduation ceremony at Sath Sadhana

The Ability Enhancement Multimedia (AIMS) program along with Sath Sadhana have been running successful batches of Level 1 and Level 2 Multimedia programs at Sath Sadhana.

Last year has been extra special and memorable as both AIMS and Sath Sadhana had to transition from physical school to online class format due to the pandemic. In spite of the sudden change, the students of Level 1 Multimedia have done really well for themselves and completed the course online! The students are R. Bhavesh, N. Koushik, R. Mirudhula, A. Sowndarya, R. Sanjay and P. Vaanathikala.

A graduation ceremony to laud their efforts was arranged online and it was wonderful to see them all happy and excited to receive the certificate of completion from AIMS.



LEARNING CORNER


Preparing students to live their lives independently to the extent possible, has been the underlying base work at Sath Sadhana. The students learn various skills that are important to handle the outside world. It is also important to remind them of a few important chores and tasks that they should try at home to be able to live a harmonious life.

In the theme 'Myself', the student explored their offline time by working on the concept, "How do I organize my place?". With the help of informative videos planned and executed cleaning and sorting out their wardrobe at home and some discussions in class, the students successfully.



Organization skills which are useful throughout life can be learnt through small, integrated steps practiced online and offline. Following a checklist, having an organization calendar, having a to-do lists are many ways in which organization can be inculcated in young boys and girls.

Students who learn to organize, maintain and efficiently run their tasks to the extent possible become confident, happy and independent learners for life!



It is a pleasure to summarize our events for the month!

As always, we will catch up with you soon with many more interesting developments and programs soon.

Till then stay safe and stay positive!

Cheers and All the best!

Chettinad-Sath Sadhana Team



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