



Dear Students and Parents,

The month of November started with Diwali followed by rains. Rains did not stop the online classes. The students happily settled down with their daily routines in the online classes.

In Academics, the students started with a new topic “Travel and Transport”. The students and the teacher discussed their Diwali travel plans. The students were excited in shared how they celebrated Diwali with family and friends. The rains brought in weather conversation too. Overall, the month of November was very exciting.

In Skills, the students are becoming much more efficient and responsible in their work. They are slowly doing the activities independently, which was overwhelming for them at first. However, repeated practice helped them to be quick learners.

Highlights for this month is the Children’s day celebrations. Students enjoyed the day showcasing their talents on speech, creative artwork, coding skills, weaving, making cakes.

Three cheers to all our students and their efforts!

Happy to connect with you through the Sath Sadhana Newsletter

Chettinad-Sath Sadhana Team

EQUIP ENLIGHTEN EMPOWER

A Learning Space for Persons with Different Abilities

To be a heartfelt centre of holistic learning that heals, enlivens, equips and empowers differently-abled individuals and their families to realize aspirations and potential.





HIGHLIGHTS:



- Life Literacy and Numeracy
 - Skill Development
 - Blended Learning
 - Motor Development
 - Aerobics
 - AIMS Multimedia
 - Children's Day Celebration
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LIFE LITERACY AND LIFE NUMERACY

DIWALI SHOPPING:

With Diwali approaching, students were introduced to the concept of Festival Shopping for their Mother. Students were given various choices and question cues to decide on how to choose a particular dress for their mother based on the cost, rating, size, color, design, review, and most importantly the likes of their mother. The students found this activity very interesting. They were also given a budget and encouraged to do mock shopping with the help of their mother.

The presentation slide displays two dress options with the following specifications:

		
Cost	Rs.459/-	Rs. 554/-
Rating	3/5 ★★	4/5 ★★★★★
Material	Cotton	Rayon
Kurta length	Knee-length	Ankle-length
Design	Straight Kurta Beige	Anarkali Kurta Yellow
Customer Reviews	<ul style="list-style-type: none"> Fabric quality is good Fitting is nice Colour was slightly different, but I liked it 	<ul style="list-style-type: none"> Overall product is fine Kurta is a little transparent Fitting is tight, order a size higher

The following questions were presented to the students:

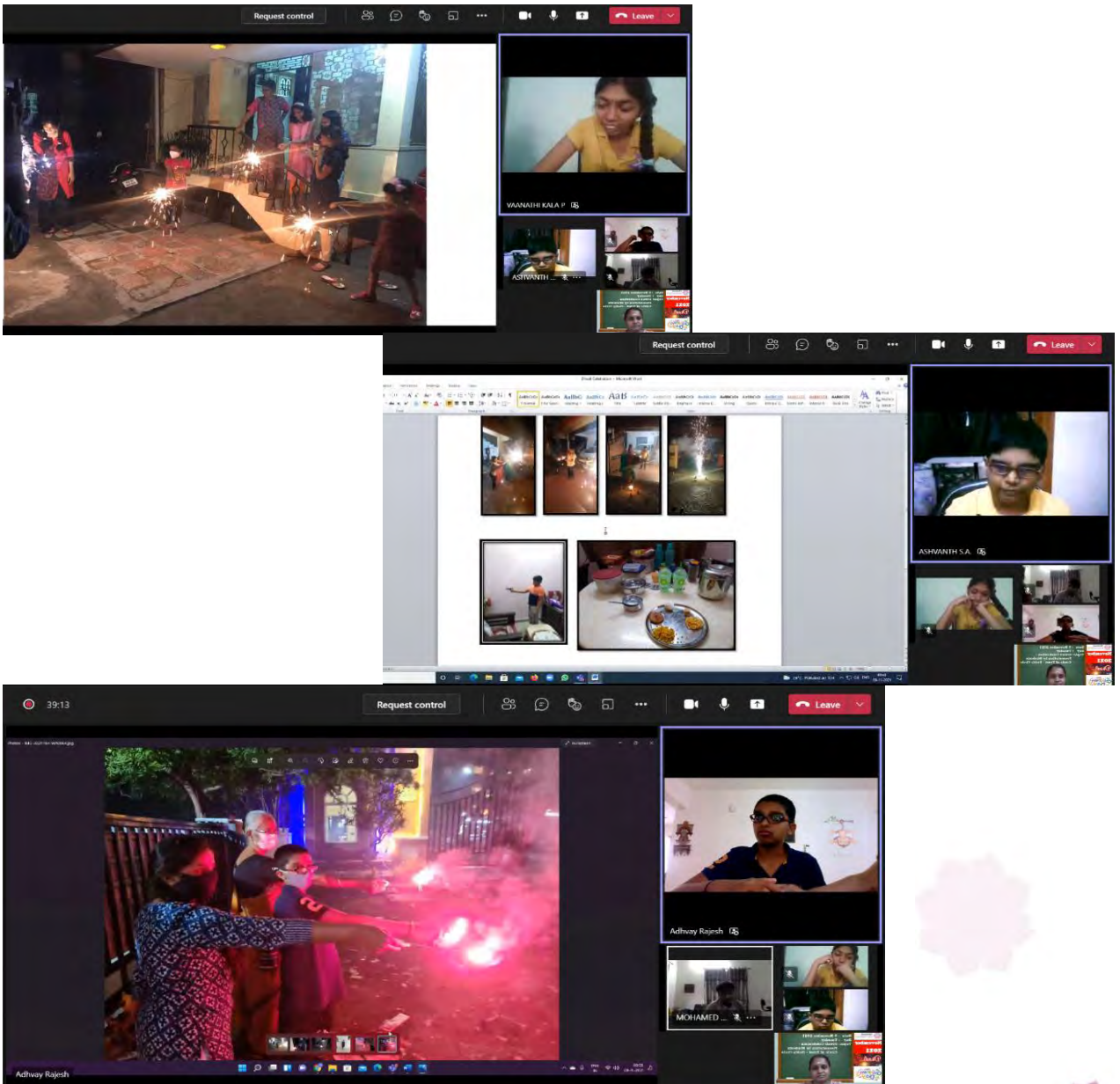
- Based on the rating which one will you buy?
 - Beige Kurta
 - Yellow Kurta set
- Your mother prefers cotton kurta. Which one will you buy?
 - Beige Kurta
 - Yellow Kurta set
- Your mother doesn't like transparent material. Which one will you buy?
 - M - medium
 - L - Large
- Your mother doesn't like ankle-length kurta. Which one will you buy?
 - Beige Kurta
 - Yellow Kurta set
- Your mother says no white colour for Diwali. Which one will you buy?
 - Beige Kurta
 - Yellow Kurta set

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LIFE LITERACY AND LIFE NUMERACY

DIWALI CELEBRATIONS:

Functional academic students at Sath Sadhana during their online classes were encouraged to share their experiences and express their emotions on Diwali festival. The students showed pictures of their Diwali celebrations with their families and shared how they celebrated the festival. The students were also encouraged for peer interaction to know about their friends' favorite sweets, savouries, and the crackers they bursted. The peer interaction gave them the opportunity in knowing the different ways of celebrating Diwali.



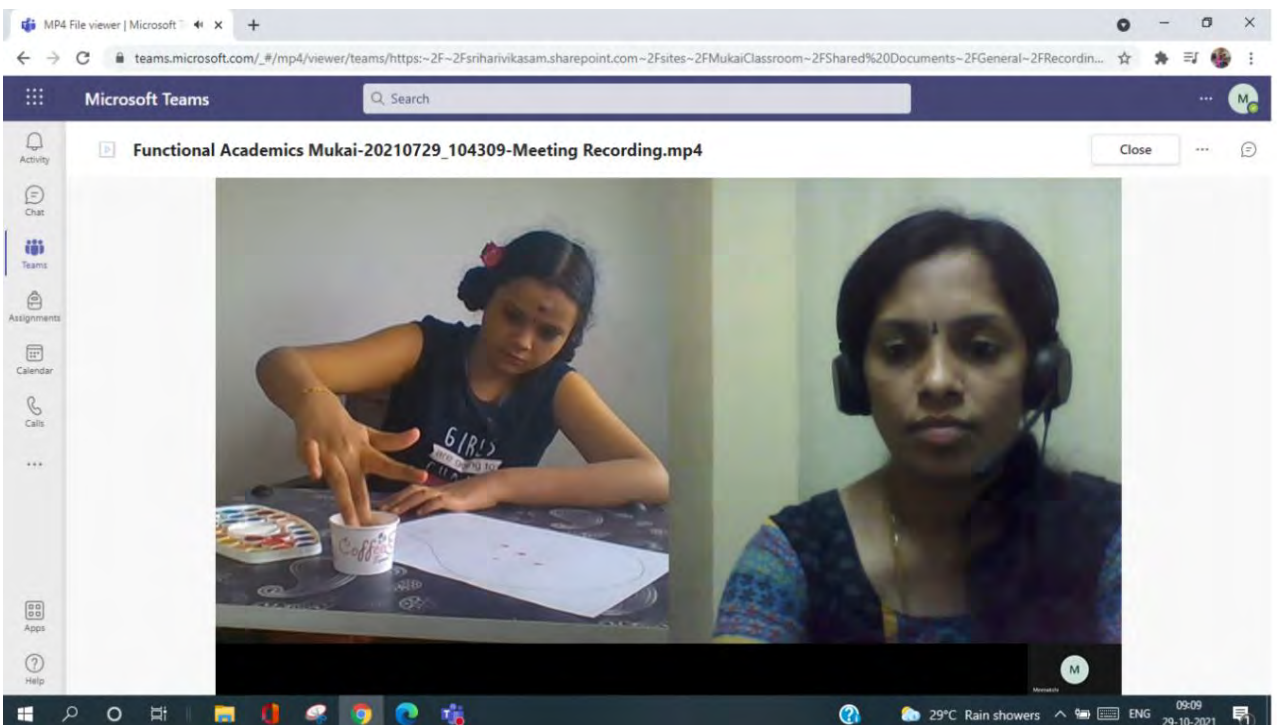
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LIFE LITERACY AND LIFE NUMERACY

INCREASING SITTING TOLERANCE:

Sitting tolerance is important and it is the basis for the higher-level functions. There are several activities to increase the sitting tolerance in a child, but it is important to choose an activity which kindles the curiosity of the student thereby making him/her work with focus for a longer period.

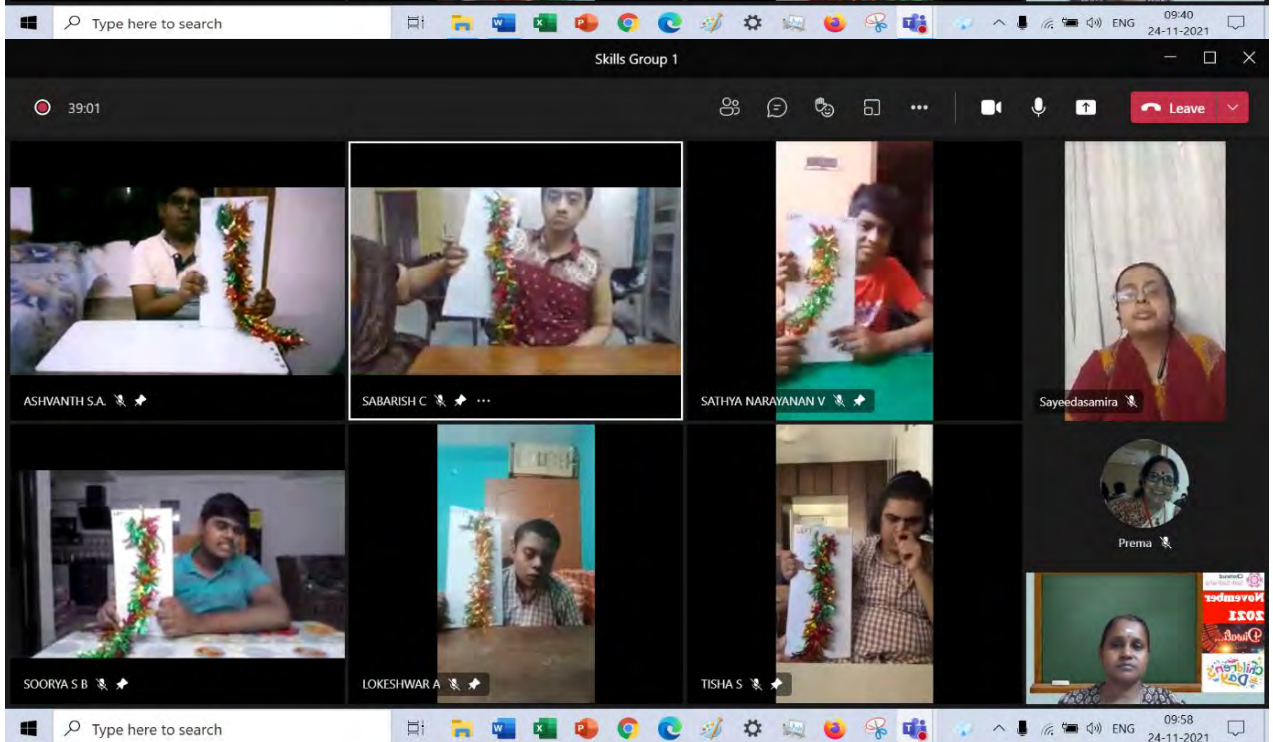
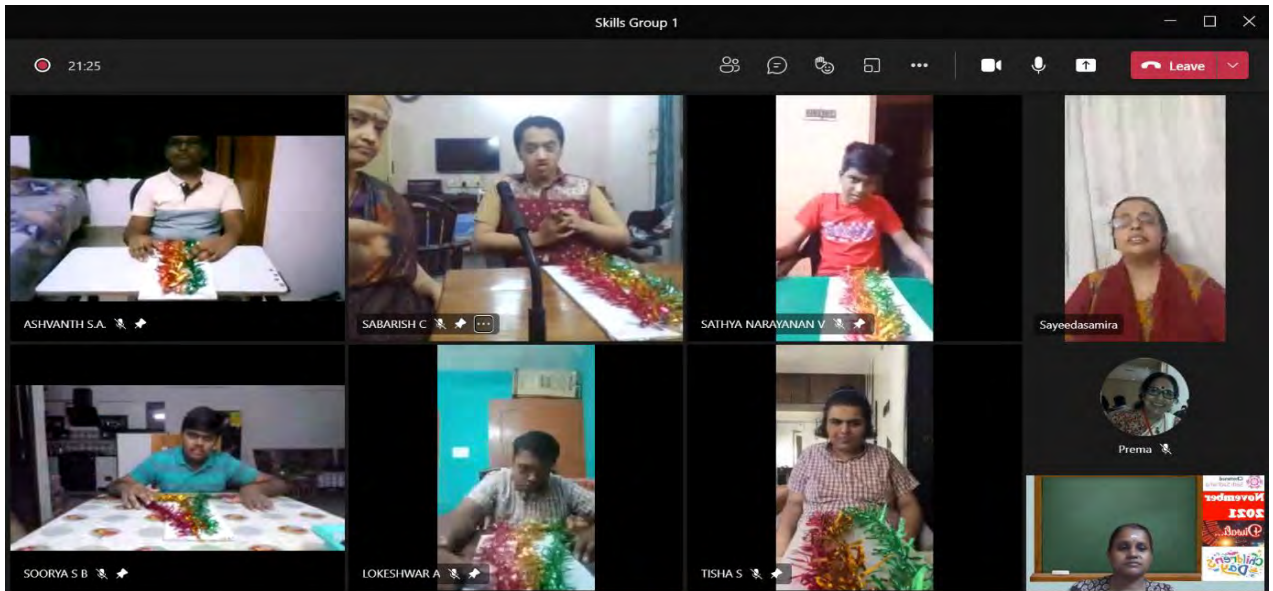
Craft is a great way to encourage students sitting tolerance and concentration. It also helps in sequencing and improves concentration in the student. The more practise they have, the sequencing and concentration skills will improve in them.





SKILL DEVELOPMENT

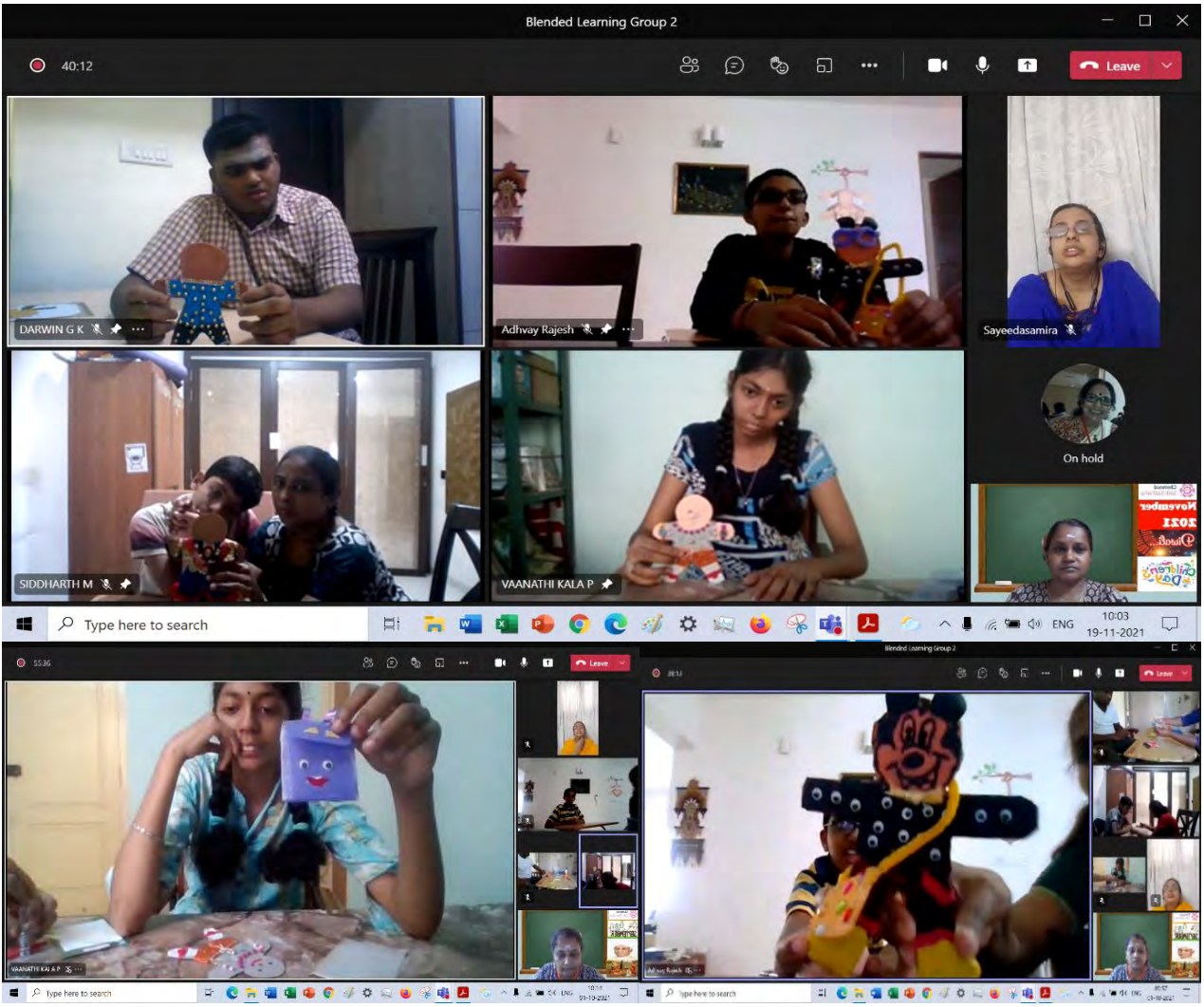
In braiding skills, students are able to understand the steps and completed the task successfully with instructions given by the facilitator.





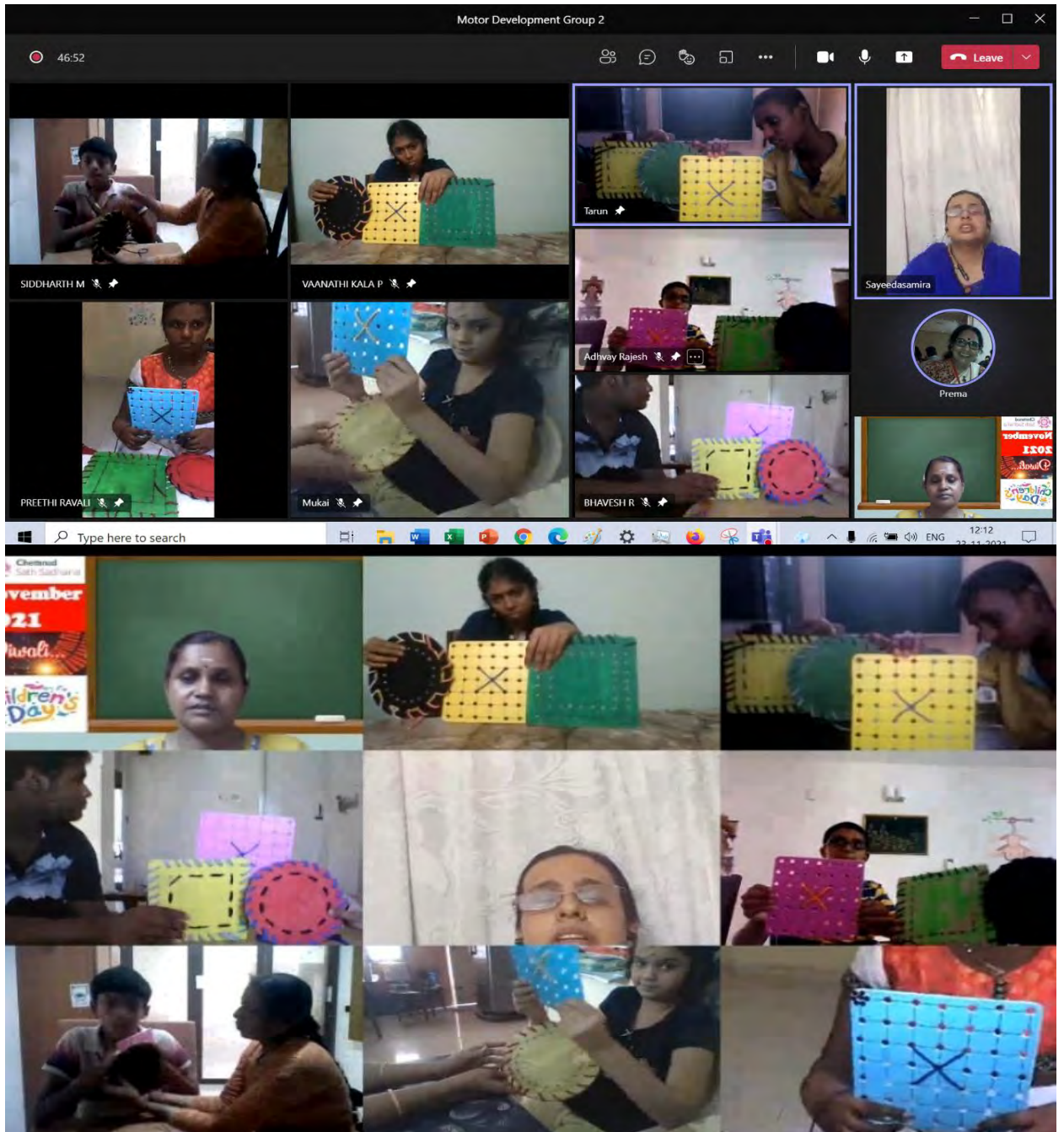
BLENDED LEARNING

As part of the blended learning sessions, students are creating a character of their choice. Students were encouraged to browse through the internet and look for different dress designs, accessories that are available for men and women. The students were given the freedom to choose the designs they like including the colour and material with which they want to make them. This activity gives them freedom of choice and also ownership, as it is their creation.



MOTOR DEVELOPMENT

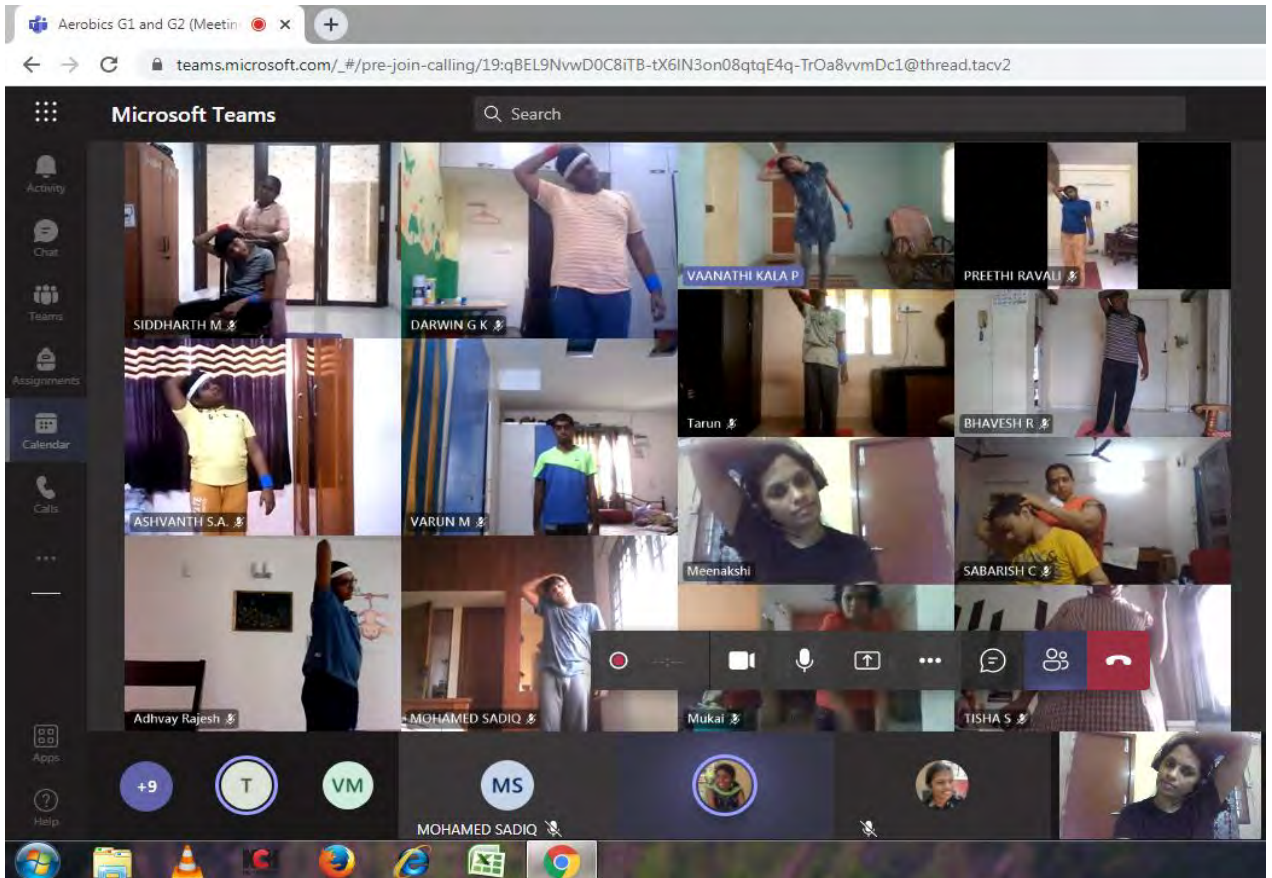
In motor development, students learn different techniques such as lacing like hemming, tacking, and cross-stitch. In this process, students learn different movements of hands and it helps in developing cognitive learning abilities.



AEROBICS

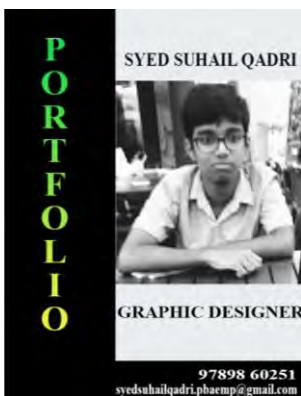
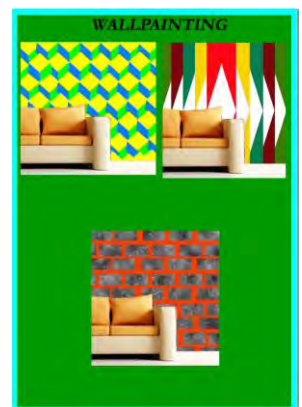
The meticulously planned exercises increase the physical wellness of the students. Regular involvement in physical activities helps them to improve their hand-eye coordination, flexibility in their muscles.

Physical activities are good for their body and mind, improves their mood. It helps to minimize their anxiety, stress and also regularize their sleep pattern.



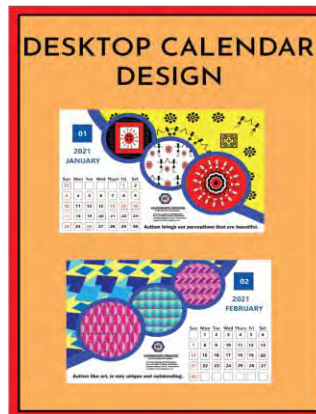
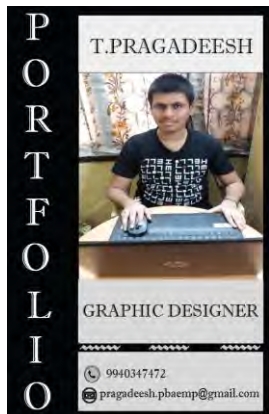
MULTIMEDIA

Multimedia level 2 students created a portfolio of all the designs they have created so far, as a part of PBAEMP and LBAEMP courses. The student's portfolio size ranged from 30 to 100 pages.



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MULTIMEDIA.




VIRTUAL CHILDREN'S DAY CELEBRATION

Every individual is unique. We all have different talents and abilities. At Chettinad- Sath Sadhana, we strive to nurture the potential of the student.

On account of Children's Day, a virtual platform was provided to students to showcase their skills through a 'Talent hunt'. The students exhibited their talent by performing Tamil speech, art & crafts, weaving, and making mug cake to name a few.





It is a pleasure to summarize our events for the month!

As always, we will catch up with you soon with many more interesting developments and programs soon.

Till then stay safe and stay positive!

Cheers and All the best!

Chettinad-Sath Sadhana Team



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Chettinad - Sath Sadhana

No: 30/75, 4th Main Road, Gandhi Nagar, Adyar, Chennai – 600 020. Phone No: 044 – 24451154

