



Dear Students and Parents,

The month of August has been an eventful month with the Independence Day celebrations as a highlight. The students worked on the theme “Future India”, where they chose sub topics like green India, clean India etc. The students came up with fantastic models, craft and art activity exhibiting their vision for the future of our India. The students performed an aerobic drill with music. It was a memorable day for all of us.

In Academics the students are exploring the topic Food, where they discuss their interests, their mother’s and facilitator’s special interest in certain food items. They worked on popular cuisines in different parts of India and learnt new recipes that they can experiment on during weekends.

In Skills, the students have progressed to advanced techniques and are slowly warming up the new skills introduced. The skills introduced are practical and relevant to life and also directly work on the total development of the student.

Three cheers to all our students and their efforts!

Happy to connect with you through the Sath Sadhana Newsletter

Chettinad-Sath Sadhana Team

EQUIP ENLIGHTEN EMPOWER


A Learning Space for Persons with Different Abilities

To be a heartfelt centre of holistic learning that heals, enlivens, equips and empowers differently-abled individuals and their families to realize aspirations and potential.





HIGHLIGHTS:

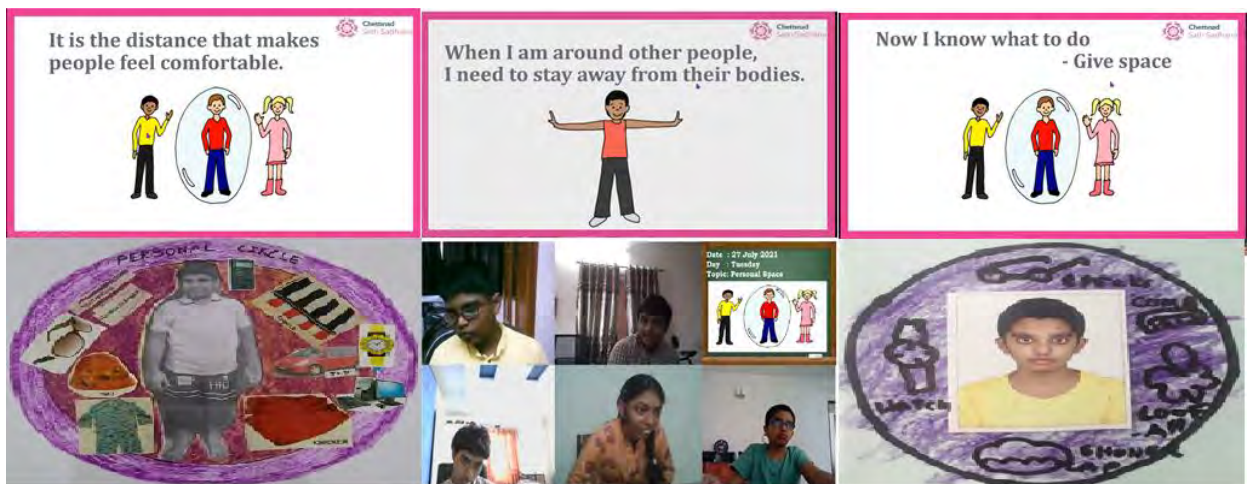
- Life Literacy and Numeracy
 - Skill Development
 - Blended learning
 - Motor development
 - Aerobics
 - Independence Day - Virtual Celebration
 - AIMS Multimedia
 - Learning corner
 - How do we develop a project?
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LIFE LITERACY AND LIFE NUMERACY

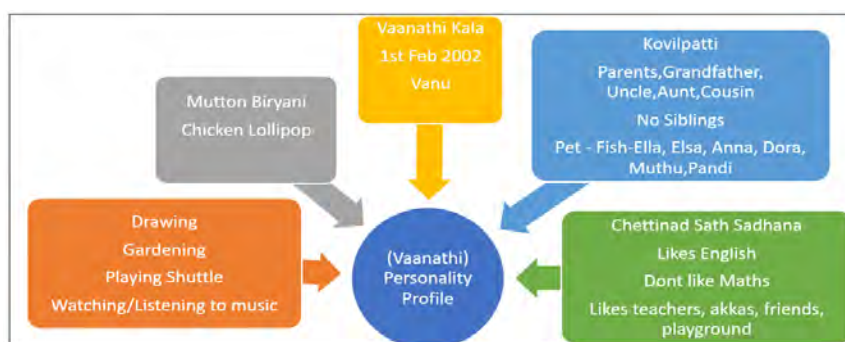
In today's ever-changing world, as interaction with all sorts of personalities is bound to happen, it is integral that young students learn the importance of "personal space" and the main concept of "Circle of Trust."

In Academics, as a part of the theme "Myself", the students are learning the importance of personal space through stories, activities and discussions with loved ones about the topic. They also created a personal circle with personal items as part of the "Circle of Trust" project.

We, at Sath Sadhana feel that it is imperative that young students understand how to behave and communicate with different people they come in contact with. This exercise made them feel more confident and ready for such conversations.



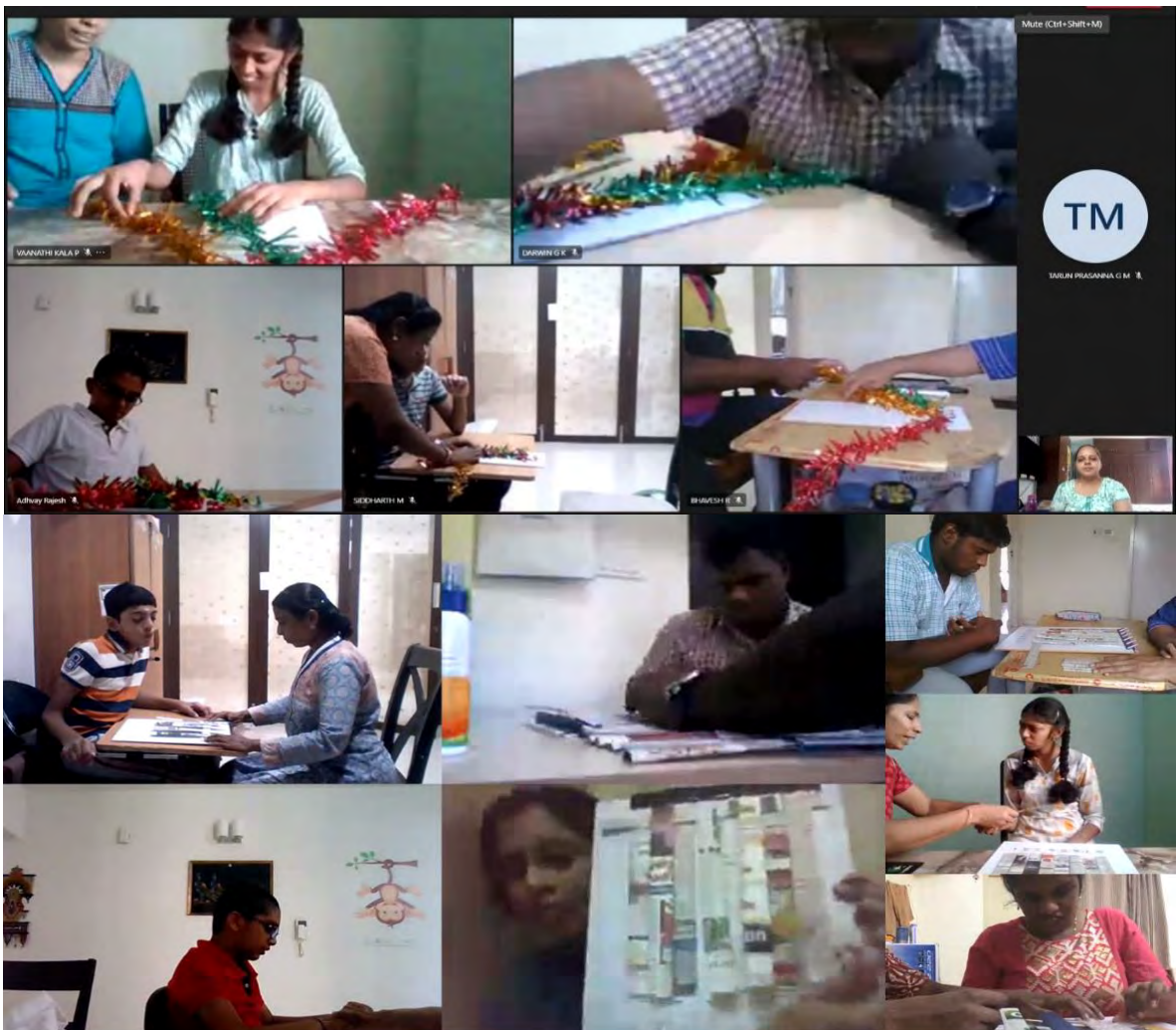
As a continuation to the topic Personality Maps, students started creating personality maps for themselves and for few of their favourite people. As a finale to this, the students learnt to combine the personality map about themselves and write an autobiography.



SKILL DEVELOPMENT

While imparting any skill, the facilitator's focus is not on successfully completing all the steps but to make them aware of all the steps involved in a process and in the process learn some of the steps gradually. Every task set for student will comprise of pre-organization skills and post organization skills with the activity in the centre. A student is considered independent, when the student can complete all the parts of the task successfully. The projects are designed in such a way that the skills learnt are useful for life and the learning is life-long.

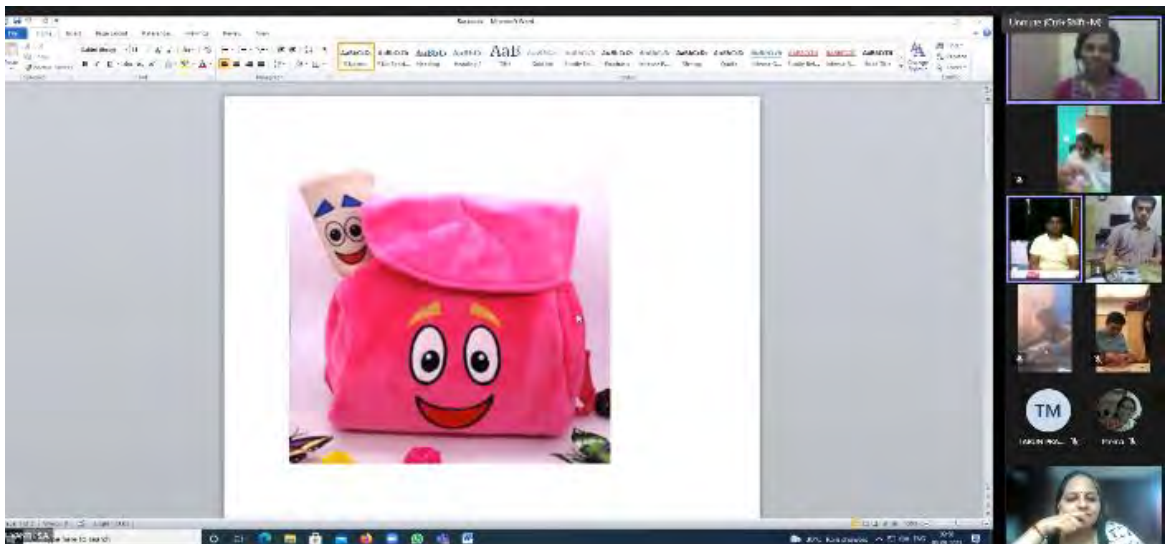
This month, the students have started working with advanced skill projects: Matting and Braiding. The students will be challenged to exercise all the skills learnt earlier and will also learn new and advanced skills through this year.



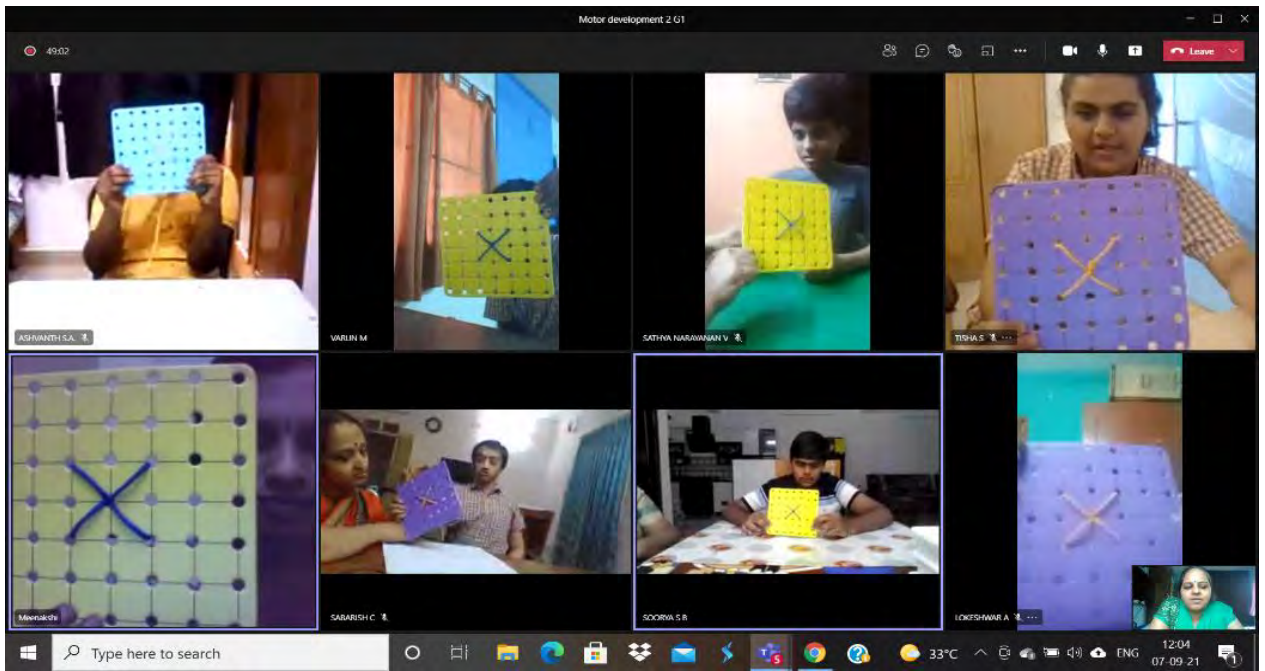
BLENDED LEARNING



The blended learning sessions gives a chance to the students to open up their minds, to choose freely and to be creative. The students feel confident and able while working during these sessions, as each any every idea is left to their choice and discretion. The assistance and support they got from online opens up their world multiple times and work becomes interesting.

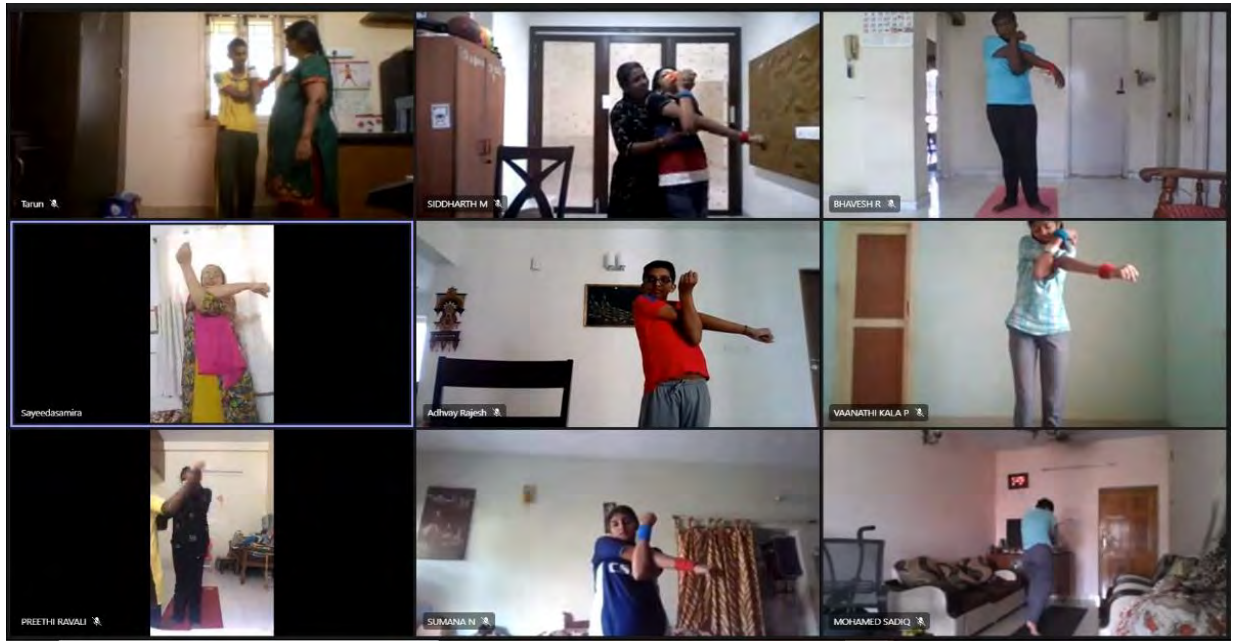


MOTOR DEVELOPMENT



The motor development sessions have moved to the next stage, from learning the technique of hemming and tacking, they will now be learning complex lacing models in the coming months.

AEROBICS

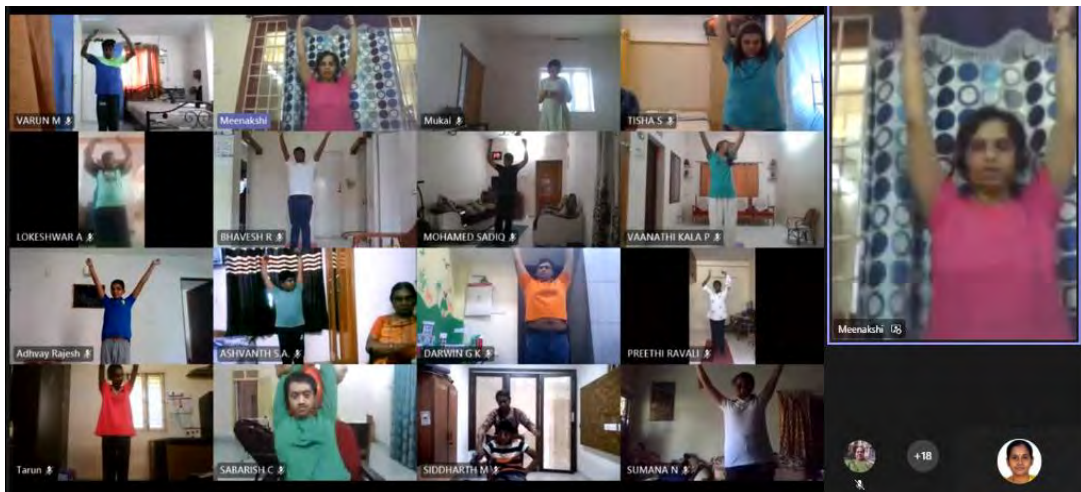


In the month of August, the students were busy practicing for the Independence Day aerobic drill. Music was added to their usual course of exercises and they worked hard to be able to synchronize along with it. Alas, their hard work paid off, when they performed so well on Independence Day!

INDEPENDENCE DAY - VIRTUAL CELEBRATIONS!

The 75th Independence Day was celebrated with joy and purpose of understanding the importance of our nation and its future by the students of Chettinad-Sath Sadhana.

The day began with a fantastic display of Aerobic drill by the students with the facilitator modelling the exercises. The students synchronized their steps with drum beats and it was a perfect show indeed!



The main concept for the day was "India Tomorrow-A vision for future India". The students chose themes like Clean India, Green India, Transportation to depict their creative models/artwork during the session.

The occasion not only gave them time to re-connect and enjoy with their friends but also gave them an opportunity to learn, discover and create a model depicting future India.



MULTIMEDIA

The Level 2 Multimedia students took up the task of designing the Independence Day E-invitation 2021-2022.



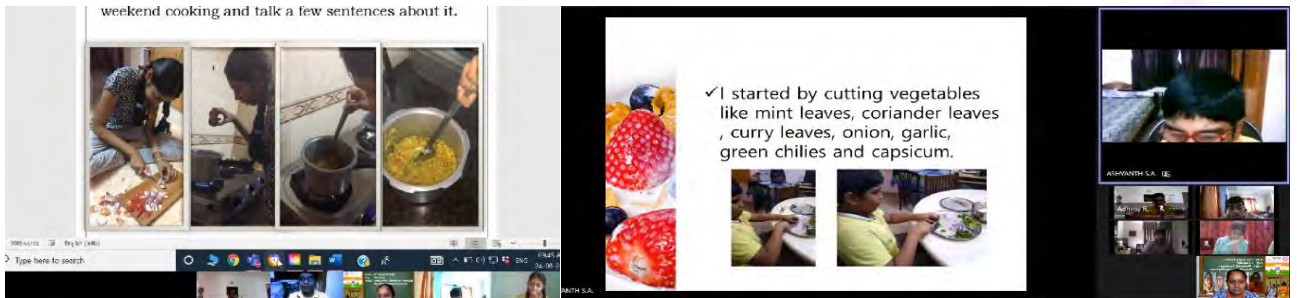
MULTIMEDIA

Another interesting paid project worked on by the students of Chettinad-Sath Sadhana along with AIMS Multimedia was designing posters for AIMS Productions. Here they were given opportunity to showcase their multimedia knowledge, talent and creativity. The students came up with very creative and competitive poster designs.



LEARNING CORNER

Relating Academics to life: Weekend cooking challenge!



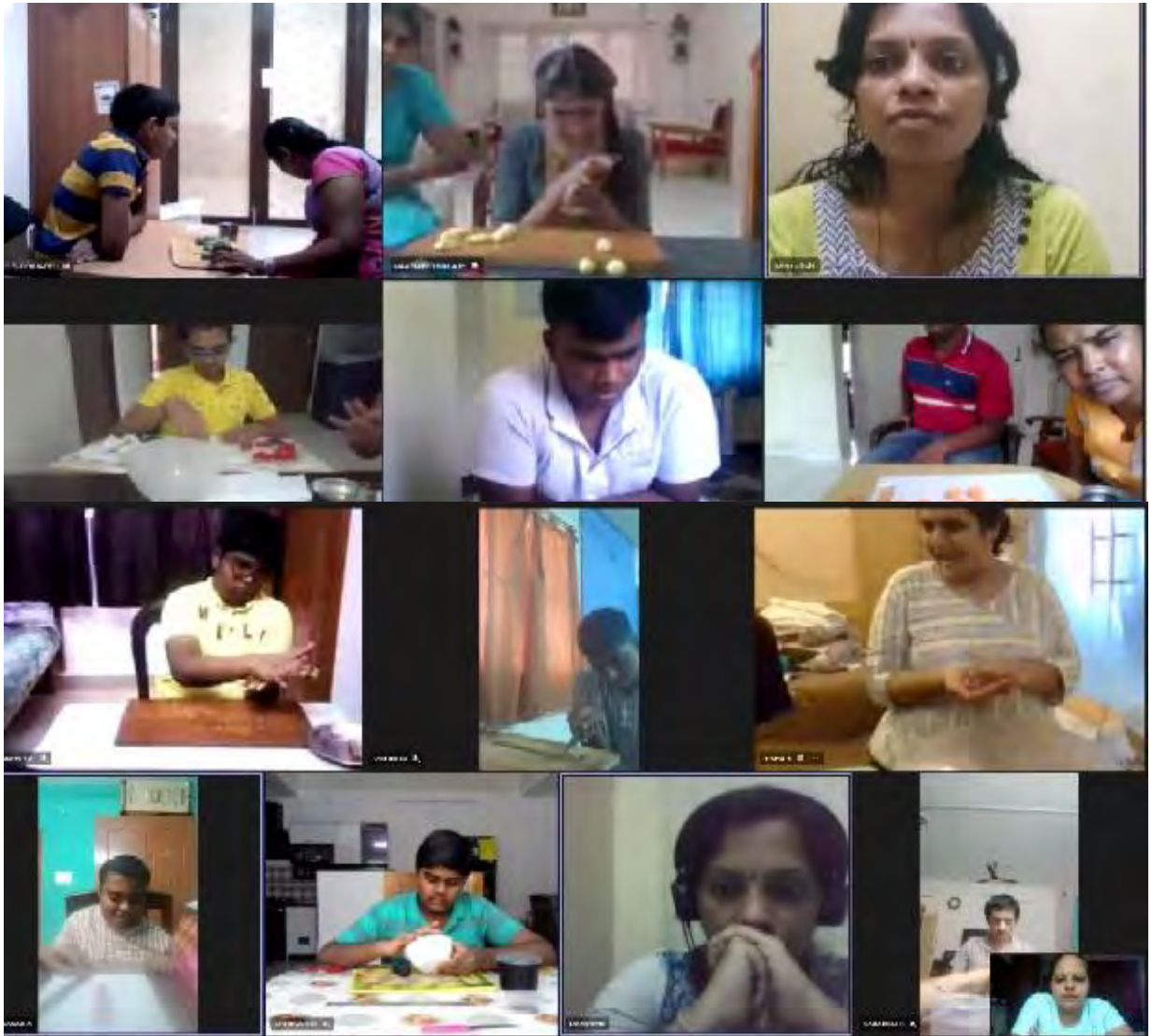
As a part of the topic 'Food', students are encouraged to develop the much needed life skill, 'Cooking'. Last year, the students were given a detailed written recipe in simple words with pictures, the facilitators supporting them to help them work through the cooking process gradually. This year, the students were presented with a simple video recording of the recipe. After watching the video, the students were encouraged to choose and record the needed ingredients, record specific quantities suggested in the video and remember the sequence of the steps involved in preparing a dish. Initially, the dish was chosen by the facilitator, later the choice was given to the students turnwise, to choose his or her favourite item. Though challenging in the beginning, the students are now periodically cooking new dishes every weekend and it has become a tradition they follow meticulously during weekends and look forward to it! They enjoy explaining their experience while cooking with their classmates later.

The younger students explored the concept of Food and cooking as part of a live session with the facilitator. Here, it is important to keep in mind certain challenges while introducing cooking like sensory challenges or aversions towards certain textures of food, motor challenges that makes it difficult to handle utensils, spoons, forks and following the sequence of recipe itself maybe daunting for young student. It is very important that we provide them with familiar ingredients in the beginning, cooking tools that they can handle with ease and the right amount of support from the adult will help them achieve their goal.




How do we develop a project?

The prime focus of the student's projects developed at Sath Sadhana is on the skills they learn in the process. Apart from this the social, physical, emotional and cognitive areas which contribute to the student's holistic development.



The facilitators develop the projects, keeping in mind the age-appropriateness of the students, the application of skills acquired in their everyday life and the relevance of the project for the students.

The students gradually move from simple to complex activities. The simple activities like their ability to remember, understand and apply in real life leading to being more efficient in higher order skills such as analyzing, applying and creating.



It is a pleasure to summarize our events for the month!

As always, we will catch up with you soon with many more interesting developments and programs soon.

Till then stay safe and stay positive!

Cheers and All the best!

Chettinad-Sath Sadhana Team



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