



Dear Students and Parents,

March has been rounding up, winding up and reshaping all the skills learnt throughout the year online. The different projects the students started at the beginning of the year are getting converted into products. Students are excited to see the products taking up final shape.

In Academics – level 2, the students are continuing with the topic “Everyday conversation”. The focus of this month was having casual conversations with their classmates. This is an important part of life as it puts us at ease, energizes us, creates positive emotions, helps us to get to know more about our peers, creates new ideas and builds trust. The students were encouraged to engage in small talks about the breakfast they had and about their weekend. The students enjoyed these sessions as it was something different from their normal class. Parents understood the importance of this topic and their support is much appreciated!

The academics level 1, students started a new topic “travel and transport”. They were given awareness of the different modes of transport based on the destination. They were also introduced to how to pack materials according to their travel needs.

The highlight of this month was the merging of Skill Development and Blended Learning. Students have been exposed to how to create a new product using the product they have made as part of the skill development program and blended learning techniques.

Three cheers to all our students and their efforts!

Happy to connect with you through the Sath Sadhana Newsletter

Chettinad-Sath Sadhana Team

## **EQUIP ENLIGHTEN EMPOWER**

### ***A Learning Space for Persons with Different Abilities***

*To be a heartfelt centre of holistic learning that heals, enlivens, equips and empowers differently-abled individuals and their families to realize aspirations and potential.*



## HIGHLIGHTS:

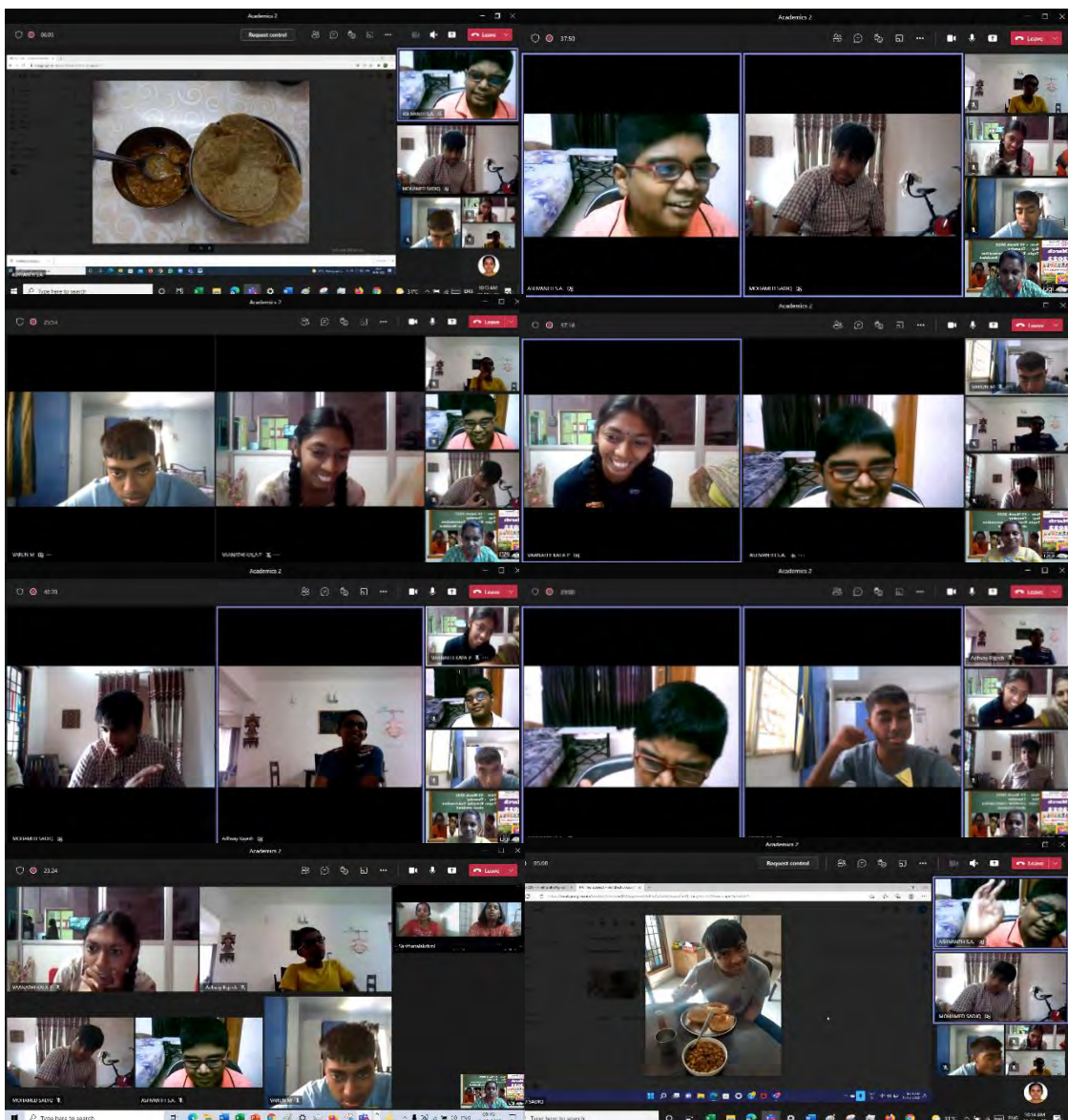
- Life Literacy and Numeracy
- Skill Development
- Blended Learning
- Motor Development
- Aerobics

# LIFE LITERACY AND LIFE NUMERACY

## Casual Conversation with their Classmates:

As part of the topic “Everyday Conversation”, students at Sath Sadhana were introduced to having a casual conversation with their friends during their virtual class. The topics chosen were “breakfast” and “weekend”. Students were given activities on topics, so they can identify likes and dislikes and describing words related to the topic. They also viewed pre-recorded videos on casual conversations of friends talking about what they had for breakfast and how they spend their weekends. Followed by this they had a live conversation with their friends about “breakfast” and “weekend”.

This activity helped the students to learn and enjoy having casual conversations with their classmates.



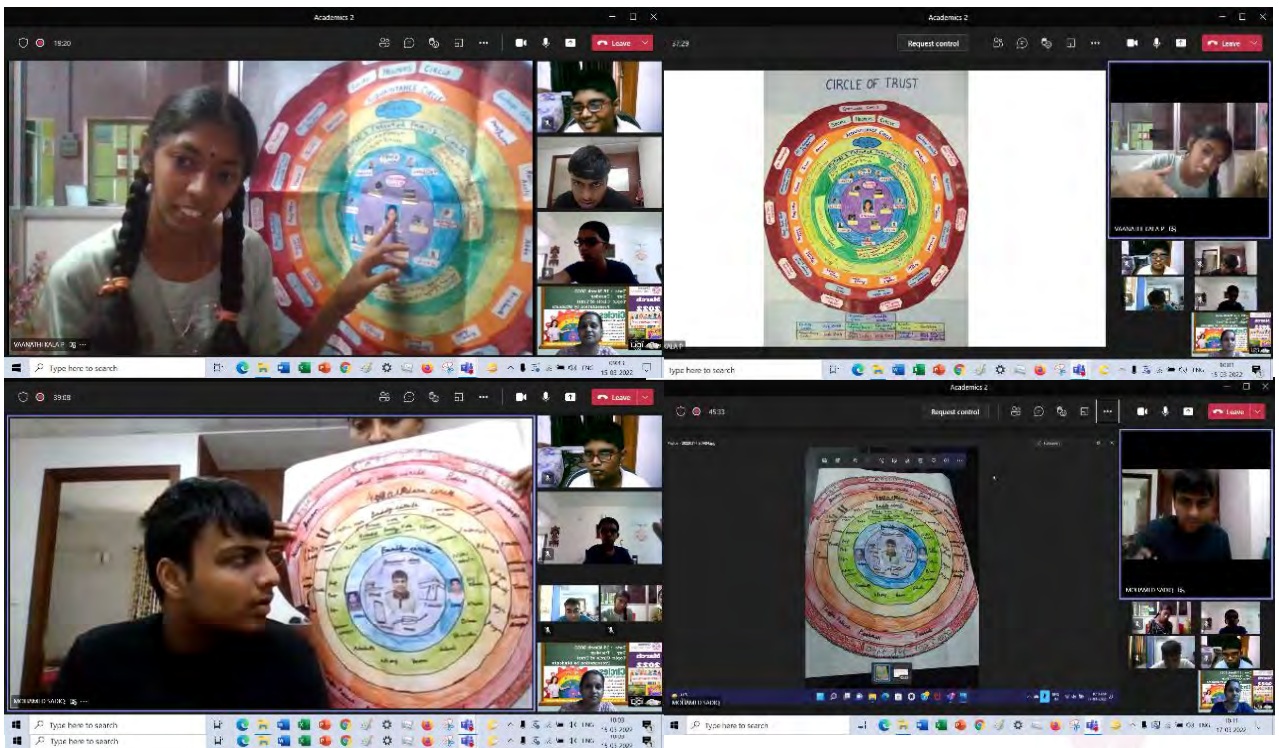
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# LIFE LITERACY AND LIFE NUMERACY

## Circle of Trust Chart:

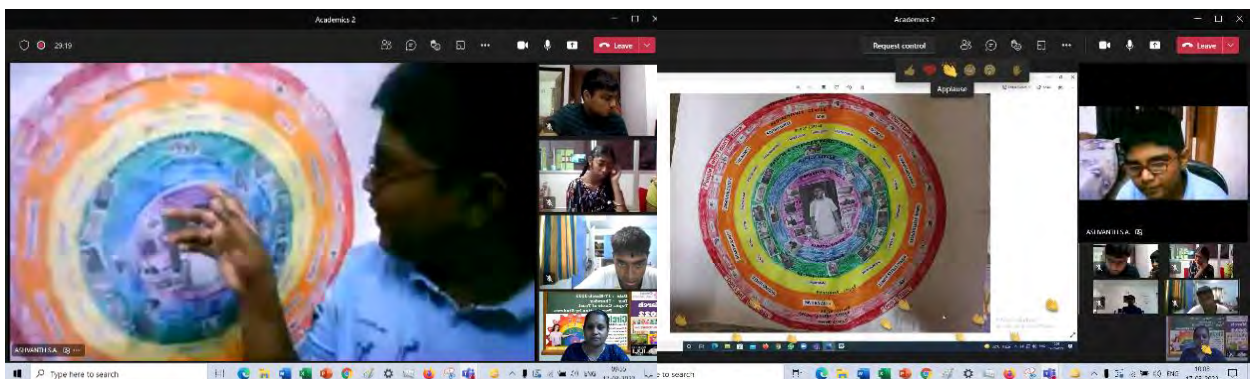
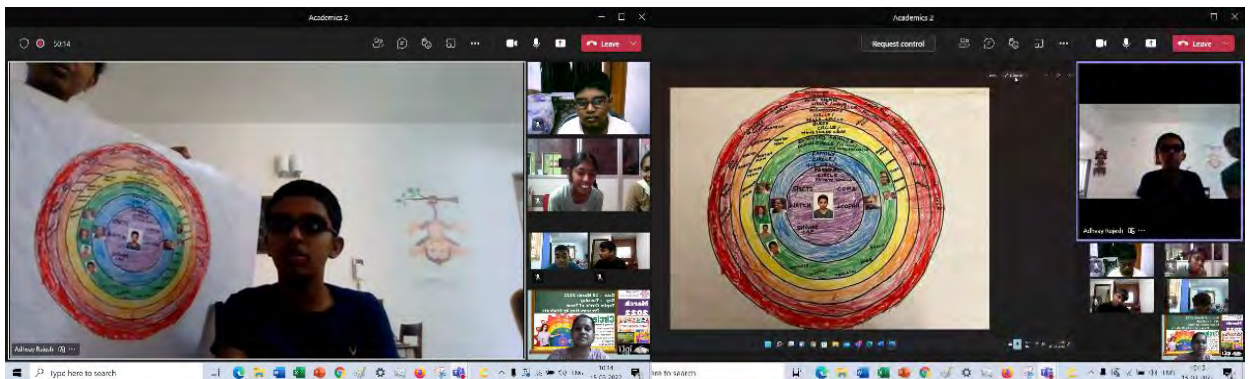
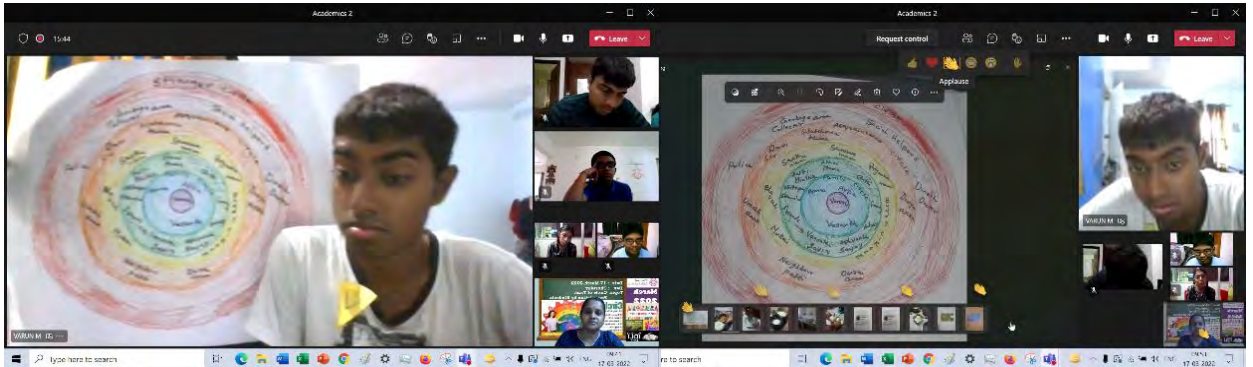
The “Circle of Trust” project was introduced to young adults at the beginning of the year. This project helps the students understand the difference between their relationships with different people, the importance of various relationships and how to behave and converse with people in their community. Each circle is colour-coded along with a specific name like “Hug circle”, “Hi-Five circle”, “Handshake circle”, “Hello circle”, etc. The students were encouraged to prepare their personalized "Circle of Trust" chart either by writing down names or pasting pictures of the people they know in each circle. This helps them to relate the person they meet with to one of the circles of trust and behave appropriately. Students have explored all the circles of trust (Personal Circle, Family Circle, Friends/Extended Family circle, Buddy circle, Acquaintance circle, Social Helpers Circle and Stranger Circle). They also showed it during the online session and spoke about it to their classmates.



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# LIFE LITERACY AND LIFE NUMERACY

## Circle of Trust Chart:



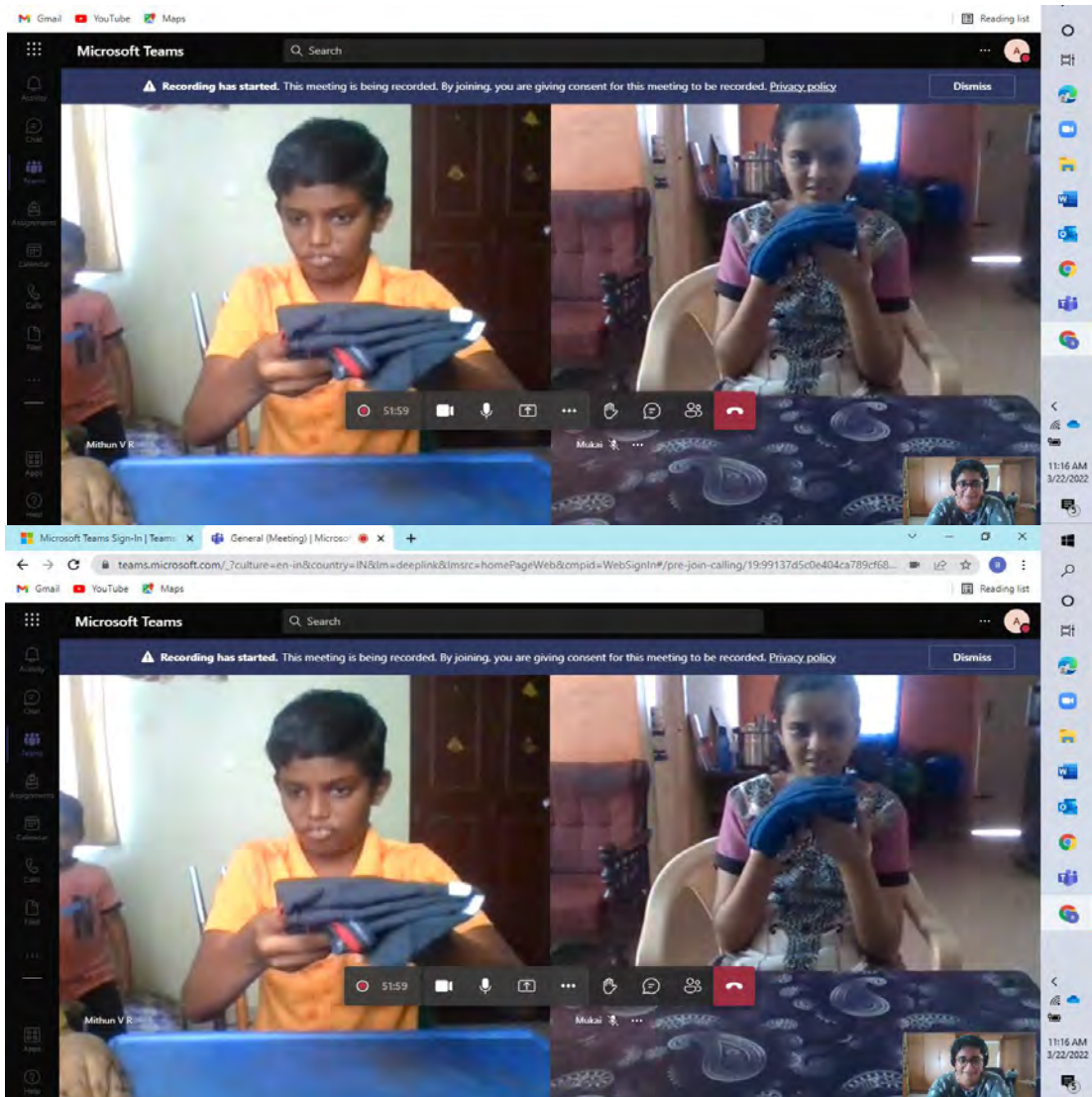
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# LIFE LITERACY AND LIFE NUMERACY

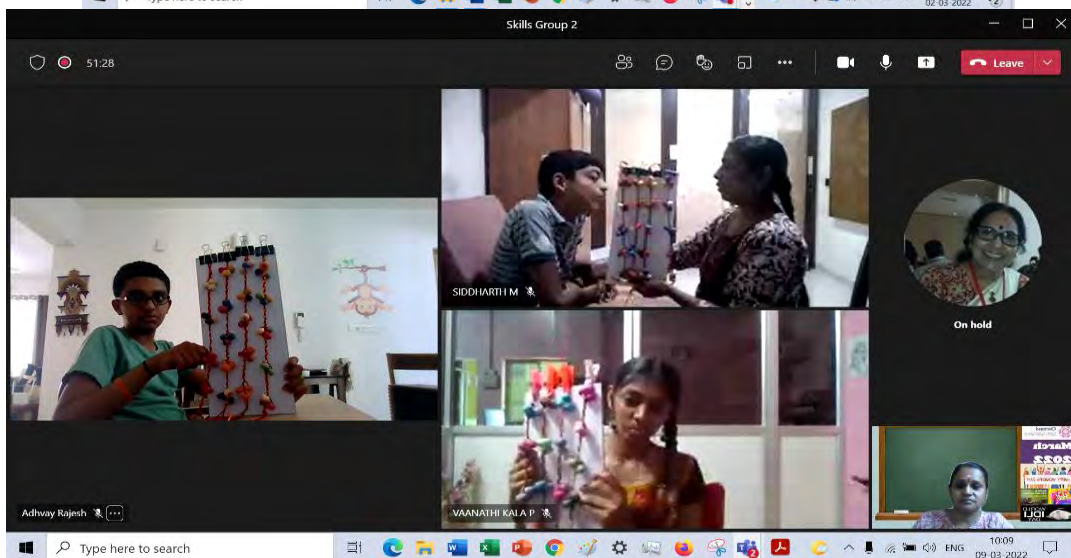
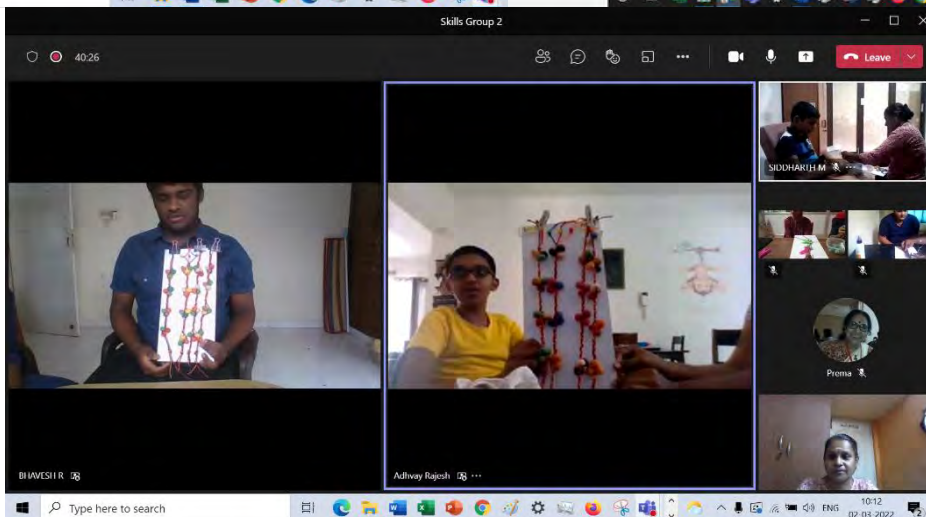
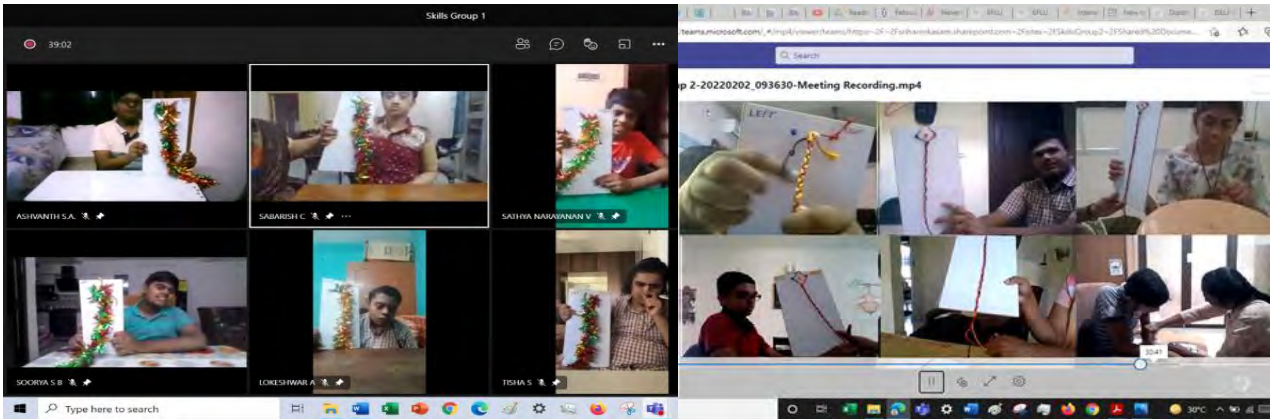
## Packing:

The topic of this month is travel and transport, students from Functional Academics have been given awareness of the various modes of transport and how to choose based on the destination. An important life skill to teach is, making the students self-reliant. We started by teaching them how to pack. Packing provides learning opportunities for cognitive skills such as categorization, literacy and numeracy. The crucial part of packing is folding of clothes, students were taught to fold T-shirts. This helps in hand-eye coordination, gives them a sense of responsibility and in being organized.



# SKILL DEVELOPMENT - BRAIDING

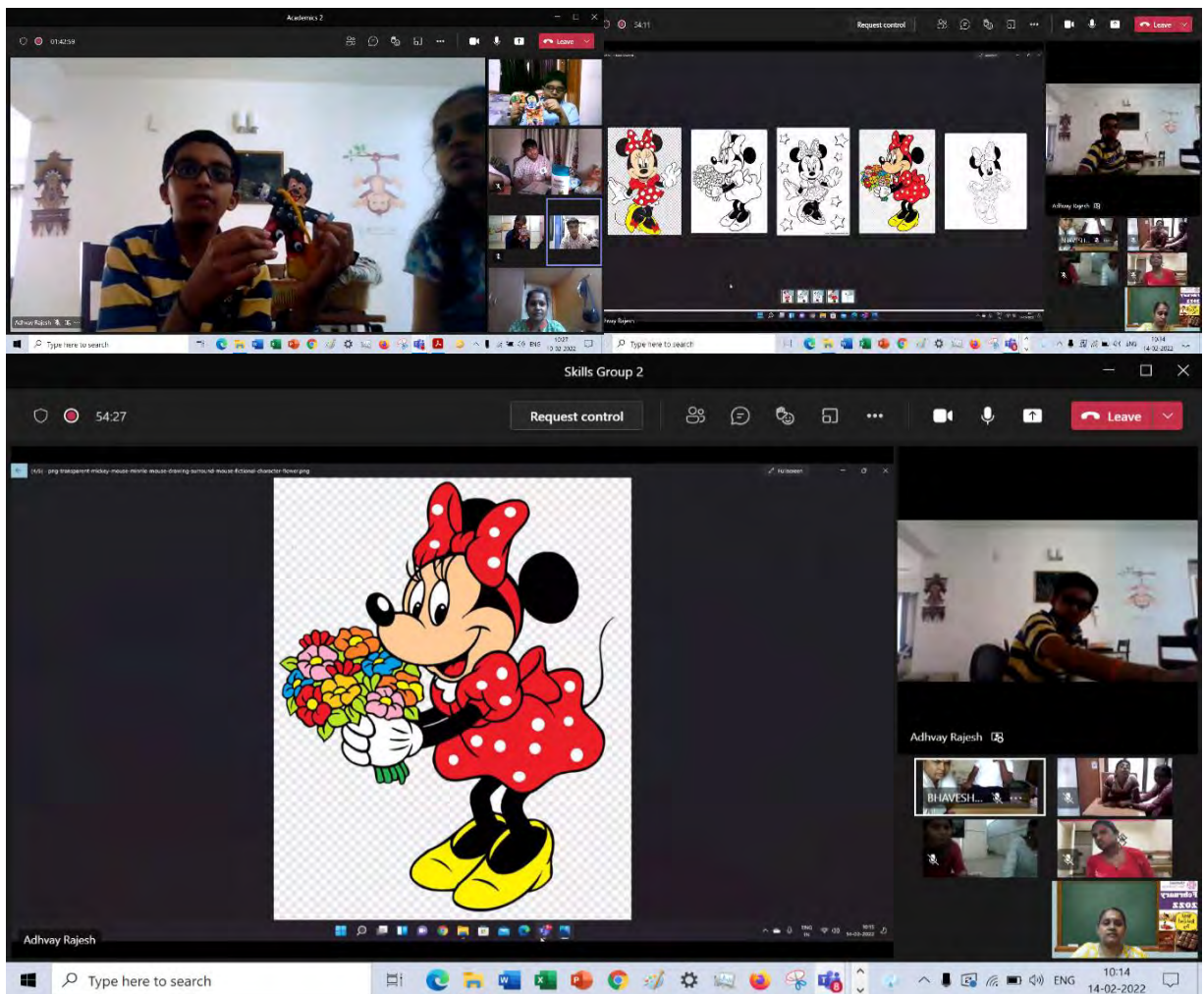
In skill development, students initially started to learn to braid using tinsels and once they learned the sequence of movements moved to braid using different coloured ropes. Now the students have started to create patterned braids using ropes and beads.





## BLENDED LEARNING – Second Character

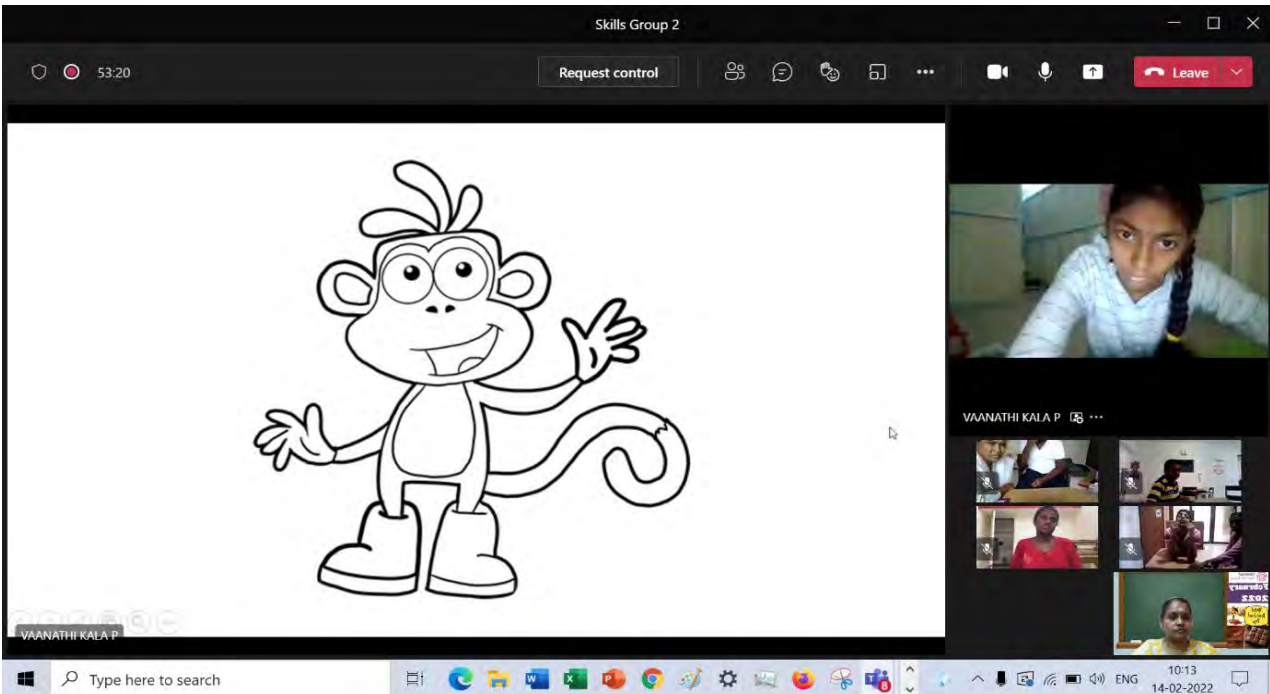
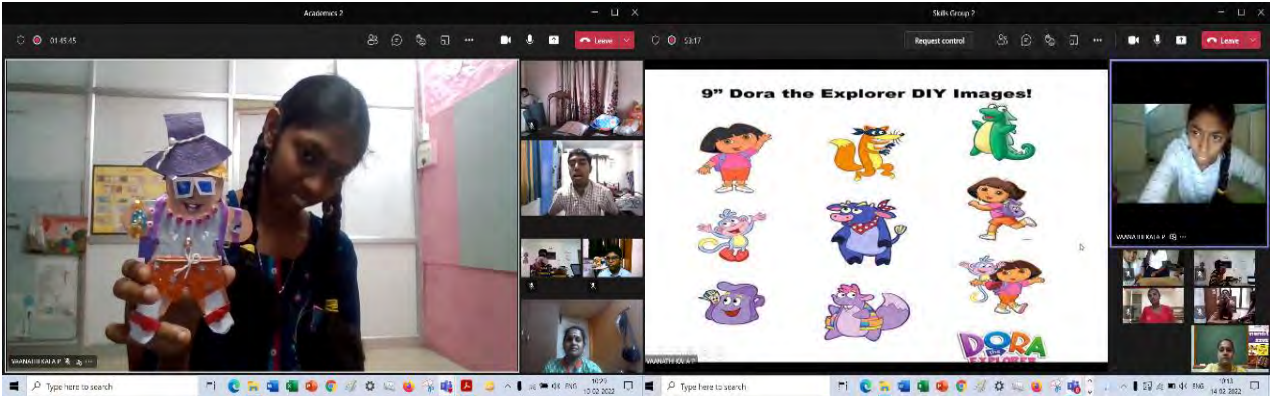
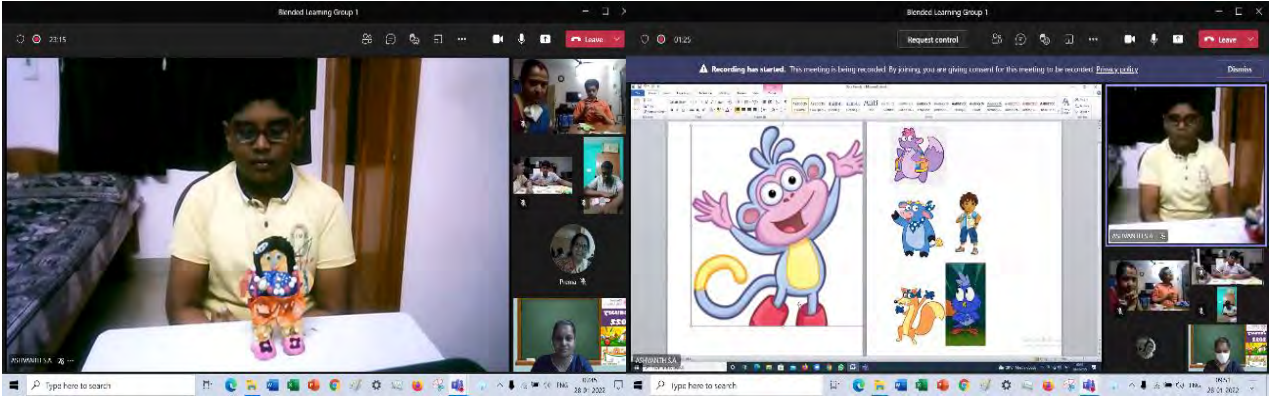
In Blended learning sessions, students are creating a character of their choice. After completing the first character, a few students have started to create their second character – a friend to accompany the first character. Students shared pictures of the various friends related to the first character and talked about them. Out of these friends, the students selected one character. They are very excited and are looking forward to designing one more character to their liking.



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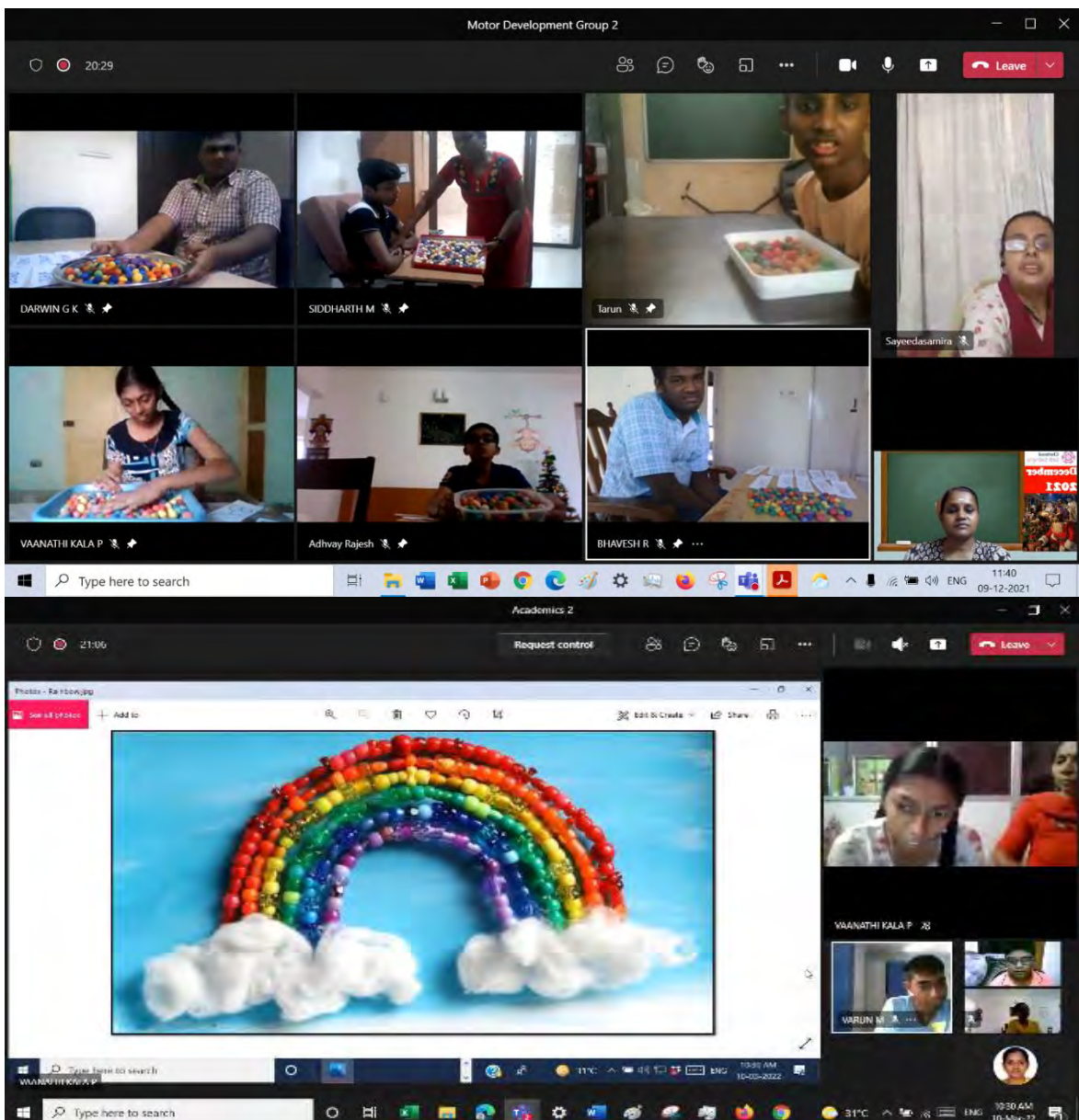


# BLENDED LEARNING – Second Character



# MOTOR DEVELOPMENT - MAKING OF CHIME OR WALL HANGING

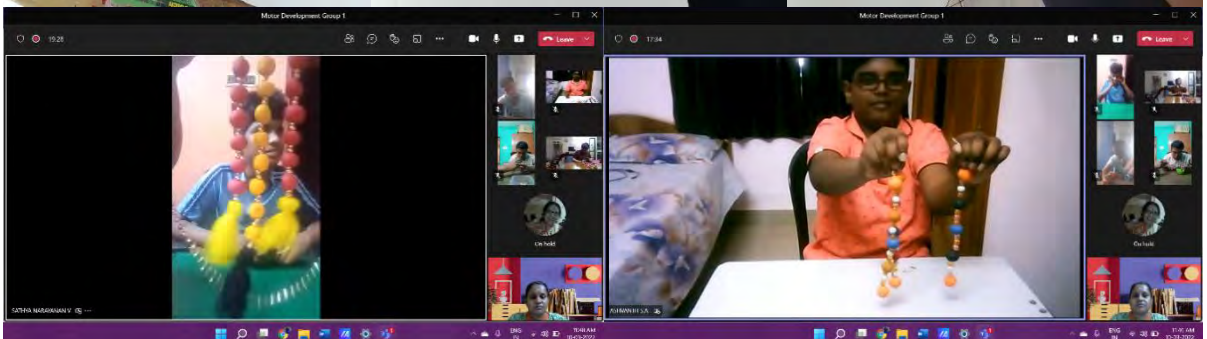
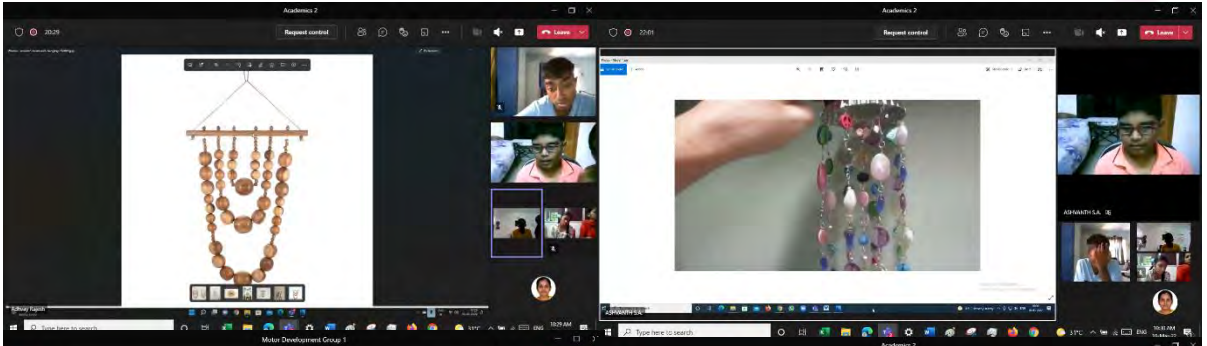
As part of skill and motor development, students learned to make marble beads of varied colours. The concept of blended learning was incorporated to convert the beads into a wind chime or wall hanging of their choice. Students explored the internet, chose a design of their choice, did a task analysis along with the help of the parent, facilitator and are in the process of creating a unique product. The students are excited and are looking forward to the final outcome.



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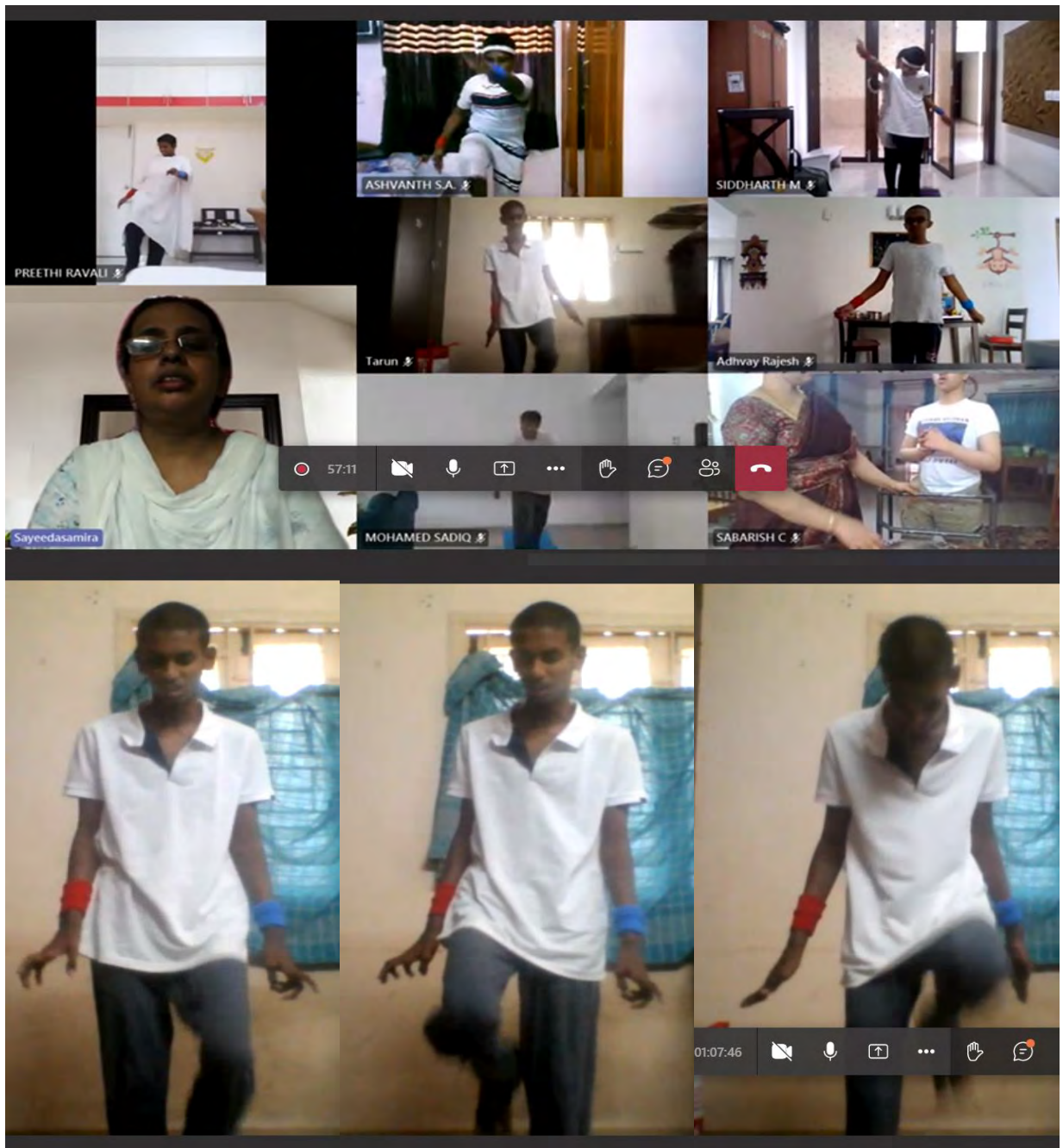
# MOTOR DEVELOPMENT - MAKING OF CHIME OR WALL HANGING






# AEROBICS

March past is all about synchronization and teamwork. Marching in a contingent demands alertness and unspoken coordination.” It symbolizes the coordination perfection and will to move together on instruction from the facilitator. Physiologically, crossing the midline can assist in strengthening the dominant hand's ability to complete fine motor skills. The dominant hand needs to reach over the body to complete most fine motor tasks.





It is a pleasure to summarize our events for the month!

As always, we will catch up with you soon with many more interesting developments and programs soon.

Till then stay safe and stay positive!

Cheers and All the best!

***Chettinad-Sath Sadhana Team***



**Chettinad**  
**Sath Sadhana**

**Chettinad - Sath Sadhana**

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