



Dear Students and Parents,

The month of June brought back our students after a long summer break. They had lot of experiences and memories to share and like always were thrilled to get back to their routine school work and day to day activities. A year has gone by in the form of online classes and another year begins with the familiar surroundings of online sessions. The students this time returned to it with not much qualms and have settled down in their time schedules very well.

Observing the satisfied results in the year 2021, all the interventions this year have been upgraded and modernized to suit the gradual development of the student in all areas.

The programs have been designed in such a way that it can be easily flexed from online to physical school whenever need be. This year the focus will be on allowing the students to work as independently as possible in all the areas.

Three cheers to all our students and their efforts!

Happy to connect with you through the Sath Sadhana Newsletter.

Chettinad-Sath Sadhana Team

## **EQUIP ENLIGHTEN EMPOWER**

### ***A Learning Space for Persons with Different Abilities***

*To be a heartfelt centre of holistic learning that heals, enlivens, equips and empowers differently-abled individuals and their families to realize aspirations and potential.*





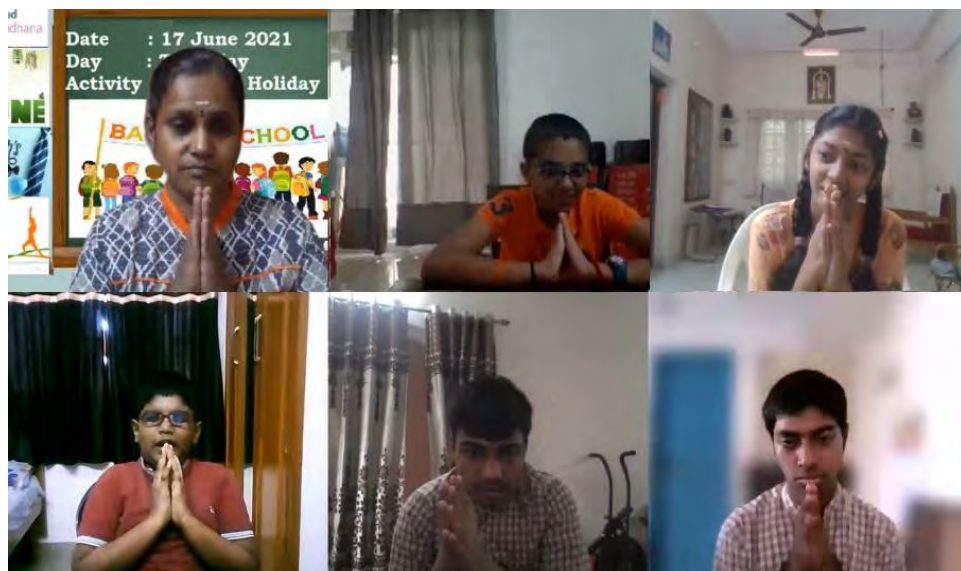
## HIGHLIGHTS:

- Life Literacy and Numeracy
- Skill Development
- Blended learning
- Motor development
- Aerobics
- AIMS Multimedia
- Learning corner



## LIFE LITERACY AND LIFE NUMERACY

Return from summer holidays paved way for discussion about time spent at home and with friends and relatives. Group discussions became interesting whilst discussing each of their hobbies and experiences.



## LIFE LITERACY AND LIFE NUMERACY – Contd.

The topic of myself was introduced in the form of fashion and accessories for the younger ones. Nothing could be better than fashion and accessories to discover one's self. Here the students explored on what would be his or her choices and also what could be best suitable for different occasions. Purposeful dressing and knowing to get ready independently makes a child feel confident and ready to face the world.

Functional Academics Mukai-20210706\_104612-Meeting Recording.mp4

1. Mukai goes for a walk.  
What dress do you wear?

4. What dress do you like to wear when you sleep?

Nail polish, Hair dryer, Necklace, Bracelet, Bangles, Hair clip, Nose stud, Anklet

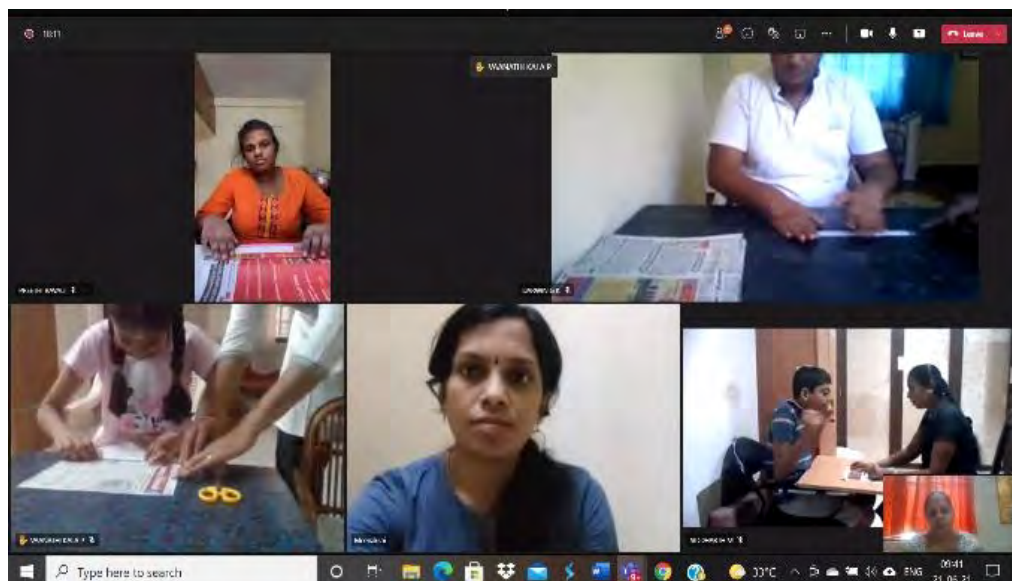


## SKILL DEVELOPMENT

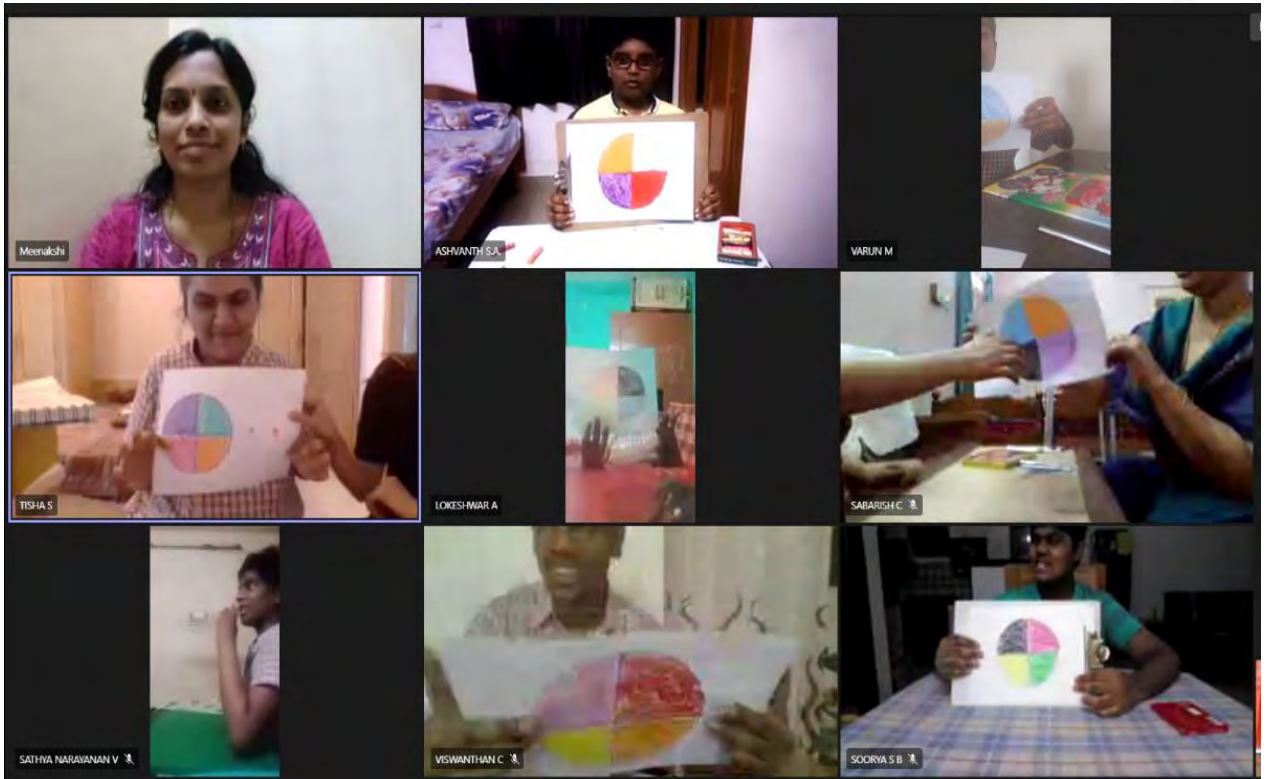
This year, the students will be working on advanced skills which will exercise higher order skills like applying and analyzing their work. They will continue to use some lower order skills like remembering and understanding also. Skill training will work on the overall development of the student in areas like physical, emotional, social, cognitive and functional.



Here a student's individual and specific needs will be focussed on. A cooperative learning method has been adopted where learning happens in a group with each one contributing to it. The students are given opportunity to work on their leadership skills, taking responsibilities and being accountable for their work.



## BLENDED LEARNING



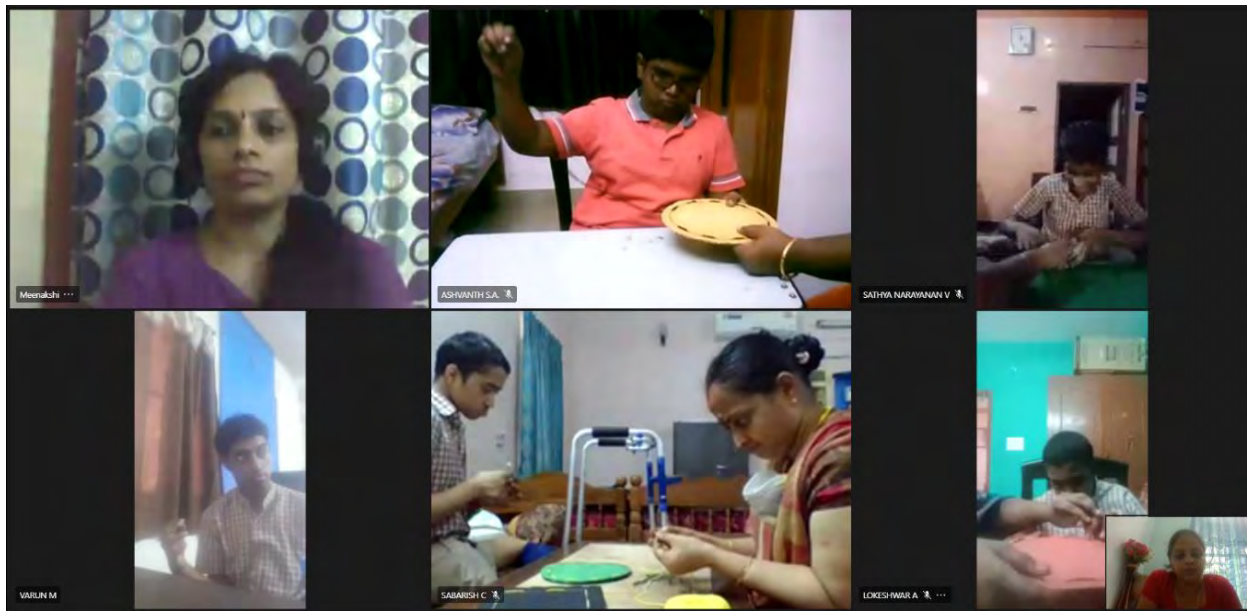
The concept of blended learning kickstarted this academic year, where the student was introduced to the concept of choice making. This segment of learning at Sath Sadhana will give more opportunity to the creative and exploratory sides of a student. In other words, both sides of the brain will be engaged to promote overall development of the student.

Students will become aware of their choice making capacity and also understand their friend's choices during the group sessions.

The sessions will progress from simple activities to complex methods as the year goes by.



## MOTOR DEVELOPMENT

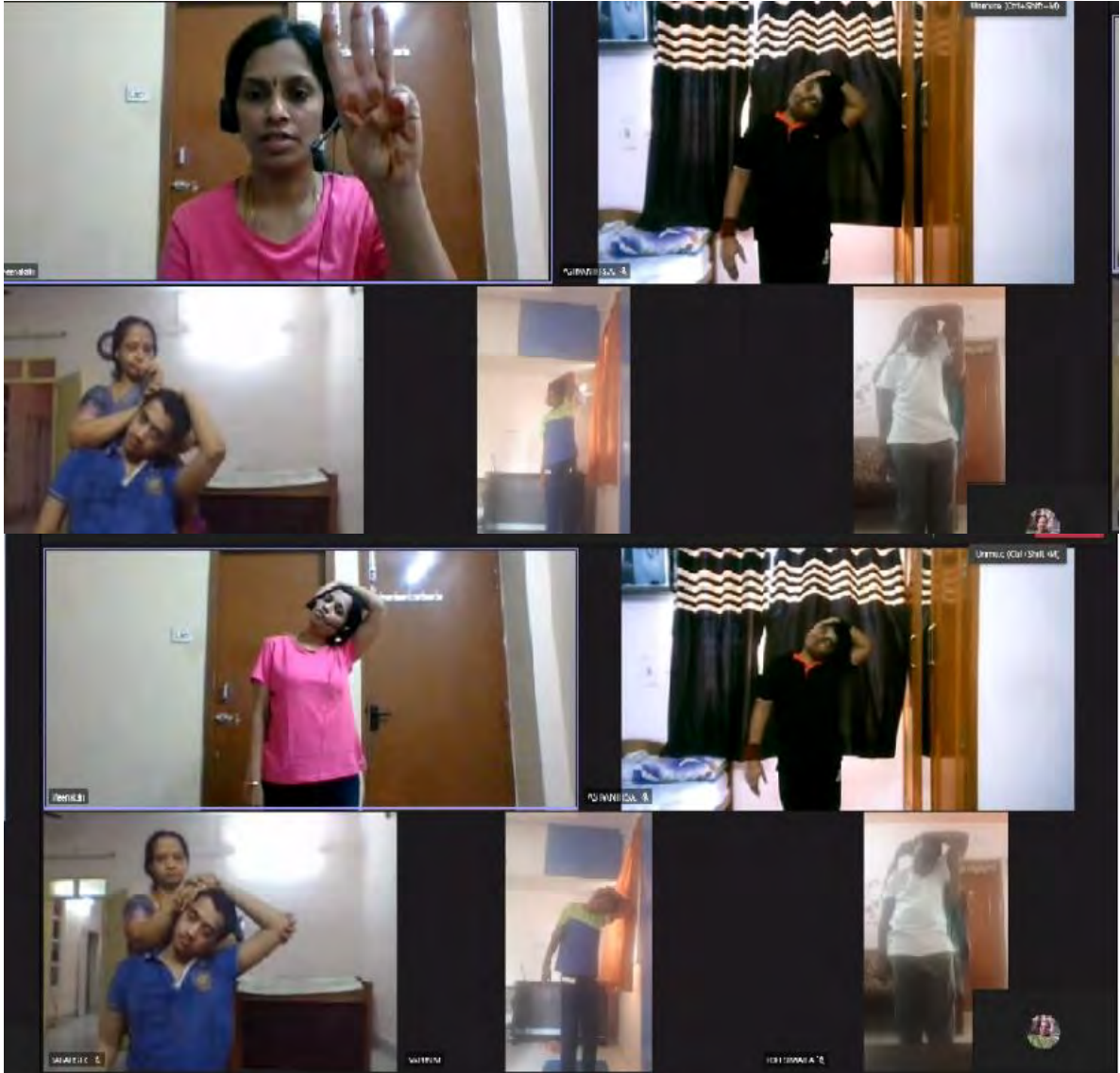


Motor skill development indirectly work on structuring one's work, helping one to manage himself/herself, creates discipline and order, initiates responsibility and accountability towards work and also drives one to work towards perfection or quality of work. This segment prepares the student to be positive and a self-made person too. It also facilitates proper posture while working for the student which makes him/her efficient.





# AEROBICS



Physical development this year has begun with simple warm up exercises and stretches which will help them become flexible, alert and ready for the day. The exercises follow pattern from head to toe which helps in exercising each part one after the other. The exercise routine is designed in such a way that they can understand with minimal prompts and can follow independently.





# MULTIMEDIA

**Multimedia level 2 (PBAEMP):** The Multimedia level 2 students are continuing to work on paid projects. This month's topic to create Logos for the following companies:

- **TRIO (Networking Company)**
- **FURRKART (Sell products of dogs and cats)**
- **TRIUMPH MOTORS (Sell Car products)**
- **UMOOJA (Germany E-commerce company)**

**LOGOs created by Multimedia Level 2 students:**



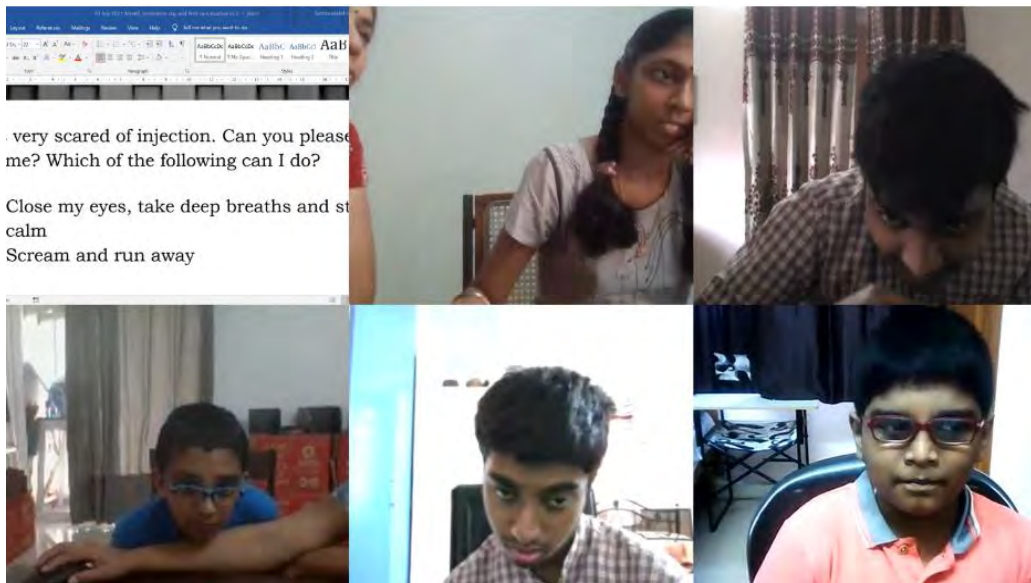
## LEARNING CORNER

Widespread awareness and acceptance of the pandemic situation and significance of vaccination during these tough times has become the most important discussion in the last few months.

People with differential abilities are not only impacted by direct infection but also indirectly because of the various restrictions that are applicable to restrict the spread of the virus.


We, at Sath Sadhana understand the importance of imparting and instilling not only the awareness about the situation but also its implications and preventive methods available today to curb the spread of the virus.

Students were introduced to various steps involved for vaccination like registering oneself to receive the vaccine dose, important documents to be carried while going to such a centre/hospital for vaccination and also details about how one would feel physically and emotionally few days after vaccination.



The learning experience of filling up the vaccination form with their classmates turned out to be a fruitful discussion. It gave them a chance to understand and relate to the general fear surrounding the process of taking an injection and falling sick for few days.

The students listened with rapt attention to a pre-recorded video about vaccination and post-care instructions. At the end of the discussion, the students acknowledged that they will get vaccinated during their turn.



It is a pleasure to summarize our events for the month!

As always, we will catch up with you soon with many more interesting developments and programs soon.

Till then stay safe and stay positive!

Cheers and All the best!  
***Chettinad-Sath Sadhana Team***



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