



Dear Parents,

At Chettinad - Sath Sadhana, April is a brief yet captivating month for students, parents, and teachers. All the skill-based projects initiated at the start of the year have been transformed into tangible products, and students have been amazed and enthusiastic about seeing their final outcomes.

The highlight of this month was the "Pradhakshan," where students proudly exhibited their talents. The program emphasized not only the students' strengths but also their knowledge about their peers' strengths, and the students thoroughly enjoyed it.

A workshop was conducted at Chettinad - Sath Sadhana by mentor Mallika Ganapathy and teachers on the topic of "Parents treating children in an age-appropriate way and importance of giving choice." Parents shared that the workshop was an eye-opener for them in many aspects of their children's independence. They also shared the improvements they had observed in their children and appreciated the interesting academic year, which provided a lot of learning not only for students but for parents as well.

Observing the satisfying results in this academic year, we will continue to work towards becoming a heartfelt center of holistic learning that heals, equips, and empowers students and their families to realize their aspirations and potential.

Three cheers to all our students and their efforts!
Happy to connect with you through the Sath Sadhana Newsletter.
Chettinad-Sath Sadhana Team

EQUIP ENLIGHTEN EMPOWER


A Learning Space for Persons with Different Abilities

To be a heartfelt Centre of holistic learning that heals, enlivens, equips and empowers differently-abled individuals and their families to realize aspirations and potential.





HIGHLIGHTS:

- **Life Literacy – Hygiene and Grooming – Face Painting**
 - **Skills – Products**
 - **Parent Workshop – Promoting independence**
 - **End of Academic year 2022-23 celebration – Pradhakshan**
 - **End of Academic year 2022-23 celebration – Mime performance by acharyas**
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Life Literacy

Hygiene and Grooming – Face Painting

Engaging in creative activities like face painting and temporary tattoos can benefit students, especially those with additional needs. It offers a fantastic sensory experience, improves fine motor skills, and increases coordination and creativity. Applying temporary tattoos or face paint provides a unique sensory experience that can help them to develop their senses and explore different textures and colours. For our students, it provided additional benefits such as improving their sensory experiences, fine motor skills, socialization, and creativity. Participating in this activity also helped them to communicate and express themselves in a unique and fun way, providing an outlet for creativity and self-expression.

This kind of creativity helps support cognitive growth by developing neural connections that prepare the brain for learning. It extends our thinking, reasoning and processing skills, increases coordination and creativity, and best of all it's just plain fun!



Life Literacy

Skills – Products

We're thrilled to share the progress our students have made in their skill training activities. In particular, we'd like to highlight the great success our students have had in mastering various basic skills, such as creating slats from newspapers, colouring grids, braiding, and stitching using different techniques like hemming, tacking, cross-stitch, and star-stitch. Additionally, they've also learned how to mat and create simple paper bags.

Once they had mastered these basic skills, the students were challenged to apply their knowledge and creativity to convert their intermediate products into final, practical products such as file folders, gift bags, and storage bins.

This was a fantastic opportunity for our students to showcase their skills and combine multiple techniques to create useful, functional, and aesthetically pleasing products. They took pride in their work, and their dedication was evident in the quality of the finished products.

We were delighted to display these products to parents, who were very impressed with the creativity, innovation, and quality of the work. They gave us positive feedback on the skill development that their children were experiencing and were thrilled to see them using these skills in real-world applications.

We believe that hands-on experiences like these are vital for helping our students develop new skills and confidence. We look forward to offering more engaging and enriching opportunities like this in the future.



Parent Workshop

Walking towards Independence

On April 1st, 2023, Chettinad - Sath Sadhana conducted a Parent Workshop that emphasized the importance of enabling students to make their own choices, which can help them develop decision-making skills, reasoning, and a sense of responsibility. It focused on guiding students towards making wise choices and taking ownership of their decisions, which can promote independence and confidence in them as they mature.

Ms. Mallika Ganapathy conducted the workshop, and parents of Chettinad -Sath Sadhana students attended it. The workshop was interactive, providing a platform for parents to share their experiences and concerns about promoting independence in their children. Parents left the workshop with a better understanding of how to support their children in making independent decisions, and the practical tips and strategies shared by Ms. Mallika Ganapathy, Ms. Vidhya Madhavan and teachers were appreciated by all.

The workshop was a valuable opportunity for parents to learn, connect, and grow together in their roles as supportive caregivers. The school recognizes that promoting independence is a crucial component of a well-rounded development, and it intends to organize more workshops in the future that will continue to benefit the school community.



End of Academic year 2022-23 Celebration

Chettinad - Sath Sadhana marked the end of the academic year 2022-23 on 13th April 2023 with a celebration of student talents. The event, called "PRADHARSHAN," showcased a diverse range of talents from the students. The students performed songs, dances, and recitations, demonstrating their creativity and confidence.

Some students shared their knowledge of manners and Indian cities' capitals, while others showcased their skills in yoga and reading. There were also students who demonstrated their ability to create beautiful jewellery in a short period of time. After the performances, everyone joined together for an open dance session, celebrating the end of the academic year.

The school takes pride in celebrating the unique strengths and abilities of each student. The event was a huge success and left a lasting impression on everyone who attended. It was a perfect way to end the academic year on a positive and uplifting note. Chettinad - Sath Sadhana is proud of its students and wishes them a happy summer break!




End of Academic year 2022-23

MIME performance - 13th April 2023

The acharyas' mime performance was an inspiring portrayal of the daily challenges that students encounter. Through their gestures, they vividly illustrated the resilience and strength that students possess in overcoming obstacles, both simple and complex. The performance highlighted the importance of adult support in helping students succeed and emphasized the power of kindness and respect in creating a safe and supportive environment.

The emotional and thought-provoking performance evoked feelings of empathy and understanding for students' struggles, inspiring the audience to reflect on their own responses in difficult times. The acharyas' demonstration of care for their students' well-being and their emphasis on the positive aspects of the student experience left a lasting impression on the audience, showcasing the transformative power of special education.





It is a pleasure to summarize our events for the month of April
As always, we will catch up with you soon with many more interesting
developments and programs next academic year 2023-24
Till then stay safe and stay positive!

Cheers and All the best!
Chettinad – Sath Sadhana Team



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Sath Sadhana

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